



Wave Of Change: Be The Solution Not The Pollution Patch Program

Daisies need to do at least 3 activities.

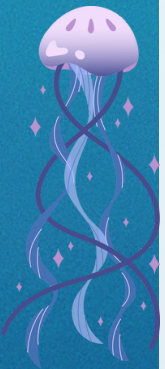
Brownie & Juniors need to do at least 5 activities.

Cadettes, Seniors & Ambassadors need to do 5 activities including at least one of the double starred (**) activities.

1. Learn about plogging and go for a plog.
2. Make a upcycled craft.
3. Look up photos of statues made of plastic and identify five items that you've used in the past month.
4. Write a short story from the point of view of a plastic bag after it gets discarded.
5. Make a craft out of a plastic bag. (God's Eye, pom-pom, bracelet, etc).
6. Read a book about plastic pollution from the attached list.
7. Parody a song with the theme of plastic pollution, example: No More Single Use Plastic by Pink Fong.
8. Host a plastic free party. Use National Geographic plastic free party guide for help if needed.

<https://www.nationalgeographic.com/pdf/kids/photos/articles/Nature/H-P/KidsVsPlastic/plastic-free-party.pdf>

9. Learn about 2 people or organizations that fight plastic pollution and share which one inspires you more.
10. Tour a recycling plant





11. Learn about Mr. Trash Wheel and design a friend for him.
12. Watch The Majestic Plastic Bag - A Mockumentary by Heal the Bay on You Tube.

<https://youtu.be/GLgh9h2ePYw?si=bBOR9hUjlgRUROsB>

13. Decorate a plastic container to use for a new purpose
14. Host a poetry slam. Have each girl write a poem about plastic pollution and then share your poems.
15. Make or decorate a reusable bag.
16. Did you know the Great Pacific Garbage Patch is twice the size of Texas? Learn about the Great Pacific Garbage patch and ways you can prevent it from growing.

****Double starred activities below****

****17.** Advocate for policy change to reduce plastics in our environment.

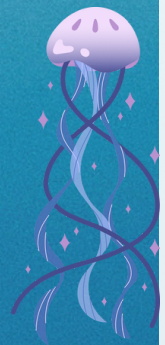
****18.** Use the “Beat The Microbead” app to check out hygiene products at home or products at a store.

https://www.beatthemicrobead.org/download-btmb-app/?gad_source=1&gclid=Cj0KCQiAkeSsBhDUARIsAK3tieeeylx_zl9r_wJ8K-GntBjAcBafMbVNxa4-lkeM95F9ldSyMoGodm9gaAhx1EALw_wcB

****19.** Watch a documentary on plastic pollution in the ocean (Plastic Island, Happy Feet (it's a kids movie but very relevant), Mission Blue, A Plastic Ocean, etc).

****20.** Ask your school administration what recycling the school has. After you find out, decide what changes you can make to be more environmentally friendly. (like taking home your plastic containers to recycle at home).

****21.** Talk to a younger Girl Scout troop about the effects of plastic pollution in the ocean and what they can do to help.





Book Lists

Kids:

Can You Protect The Coral Reefs by Michael Burgan
Sunny The Shark By Remy Lai
Ocean Waves For All By Stacy Mcanulty
Consider The Octopus by Nora Baskin and Gae Polisner
Turn The Tide by Elaine Nimopoulos
The Plastic Problem by Rachel Salt
Piecing Art Together by Dona Rice
Alba And The Ocean Clean Up by Lara Hawthorne
Mermaid Kenzie Protector Of The Depths by Charlotte Watson Sherman
Would You, Could You Save The Sea? by Todd Tarpley
I Love You Blue by Barroux
What A Waste by Jess French
The Last Straw by Susan Hood
Little Turtle And The Changing Sea by Becky Davies
Ocean Soup by Meeg Pincus
Plastic Sucks by Dougie Poynter

Teens:

Taking On The Plastics Crisis by Hannah Testa
Sunny The Shark By Remy Lai
Tracking Trash By Loree Griffin Burns
Plastic Soup: An Atlas Of Ocean Pollution by Michiel Roscam Abbing
Consider The Octopus by Nora Baskin and Gae Polisner
Girls Who Green The World by Diana Kapp
Turn The Tide by Elaine Nimopoulos
How To Give Up Plastic by Will McCallum
Plastic Ocean by Capt.Charles Moore
Cast Away: Poems For Our Time by Naomi Shihab Nye
Plastic Sucks by Dougie Poynter
Team Trash by Kate Wheeler and Trent Huntington
Can You Protect The Coral Reefs by Michael Burgan
Coral Reef Cities Of The Ocean by Maris Wicks
Thicker Than Water by Erica Crino
Total Garbage by Rebecca Donnelly
The Last Straw by Susan Hood





**To get the patch email
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