

# Helping Migrants Patch Program

Made by troop 45685



# Explanation

This patch program is used to help build empathy for migrants in our country. Migrants need more help than ever to feel welcome and thrive in our communities. As Girl Scouts, one of our jobs is to help other people in our community, and migrants need our help too!

In this patch program you will learn about migrants and their cultures, make an action project to help, and evaluate what you did and why it's important.

# Research

The first step of this project is to research to learn about what migrants go through and help people build empathy. You have many options, but your troop only needs to do 2. They will be more thoroughly explained on the next pages.

- Learn about why migrants leave their country and what they hope for in the United States
- Read a book about the migrant/refugee/immigrant experience and discuss with your troop
- Have a debate about if migrants should be in our country or not.
- Make a recipe from a country that many people migrate from

# Research

- Learn about why migrants leave their country and what they hope for in the United States

Use any reliable sources! You can research specific countries or just in general! You can even split the girls into groups to do different countries! Discuss with your troop about what you learned!



# Research

- Read a book about the migrant/refugee/immigrant experience and discuss with your troop

You can either read a picture book or chapter book! Talk with your troop about what you noticed and learned

Books about Immigrants and refugees for kids

Chapter Books about the immigration experience



# Research

- Have a debate about if migrants should be in our country or not.

Cadette and up

Split into groups. One group represents the opinion that migrants should live in this country, and another group argues that they should not. Do a little bit of research about your topic, then debate. After the debates talk with your troop about the strongest arguments and what you personally agree with. Think about why people have different opinions.

# Research

- Make a recipe from a country that many people migrate from

Some ideas are Venezuela, Mexico, El Salvador, Ecuador, Cuba, Colombia, and Guatemala.

Venezuelan food



# Take Action!

Now it's time to help out migrants in your own communities. Many migrants still need help, so this is your chance to help them! Your troop only has to do one. (If you don't have many migrants living in your community help with refugees or immigrants.)

- Volunteer at a migrant center in your community
- Host a clothing drive to donate to a center or people that need it
- Make a poster or pamphlet to spread awareness
- Be creative! Have your troop create something that they want to do from what they researched on.

# Take action

- Volunteer at a migrant center in your community

Find a migrant center in your community and volunteer there. (If you don't have any in your area volunteer somewhere that helps refugees , immigrants, or even homeless people. )



# Take action

- Host a clothing drive to donate to a center or people that need it  
Your troop can choose to make a clothing drive. You can donate to a migrant center, refugee or immigrant center, or if you don't have any near you a homeless center is great too!

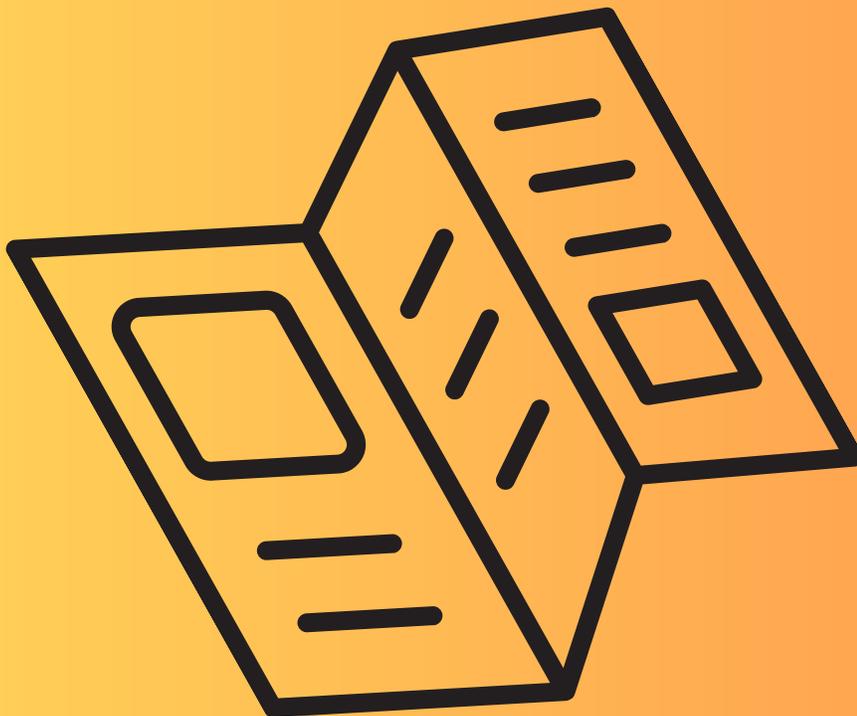


# Take action

- Make a poster or pamphlet to spread awareness

Use what you learned about migrants to spread awareness in your community!

You can talk about the stigmas around them and how to help. You can put it in a local library or anywhere else you find fit.



# Take action

- Be creative! Have your troop create something that they want to do from what they researched on.

Once you've learned about migrants do what you think would help them in your community!



# Evaluate

This step you can reflect on what you did to help and what you learned. You should do both options!

- Discuss what you did with your troop
- Share!



# Evaluate

- Discuss what you did with your troop  
Talk about what you did with your troop to help someone/community. Also talk about what you learned and what you can do to continue to help.



# Evaluate

- Share!  
Tell your family and friends what you learned about migrants and how they can help spread awareness too!



# Congrats!

Now you are able to get your patch!  
Thank you so much for doing this patch  
program! We hope you learned a lot and  
really enjoyed doing this! Thank you!!  
Troop 45685 - Cora, Olivia, Aileen, Aria

