



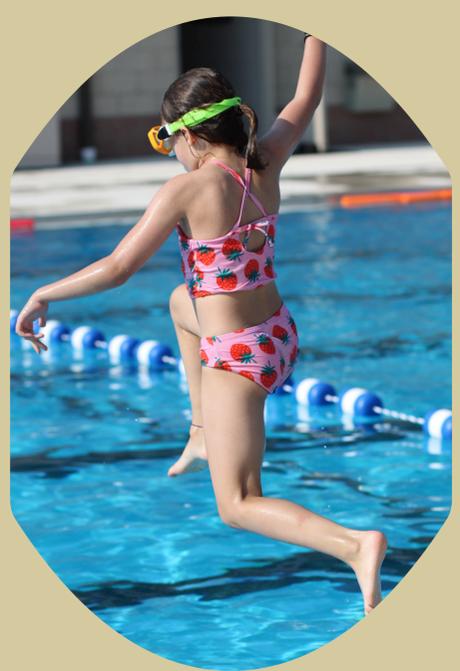
Sample Week at Overnight Camp

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
11:00 a.m.-12:30 p.m. Staff Meeting & Lunch	7:45 a.m. Flag Ceremony	7:45 a.m. Flag Ceremony	7:45 a.m. Flag Ceremony	7:45 a.m. Flag Ceremony	7:00-9:00 a.m. Breakfast in Unit, Pack, Clean
12:30-1:30 p.m. Preparations for Camper Check-In	8:00-9:00 a.m. Breakfast	8:00-9:00 a.m. Breakfast	8:00-9:00 a.m. Breakfast	8:00-9:00 a.m. Breakfast	8:45-11:45 a.m. Activity Time
1:30-3:30 p.m. Camper Check-In + Orientation	8:45-11:45 a.m. Activity Time	8:45-11:45 a.m. Activity Time	8:45-11:45 a.m. Activity Time	9:00-11:15 a.m. Activity Time	11:45 a.m.-1:30 p.m. Lunch
4:00-6:30 p.m. Dinner	12:00-1:00 p.m. Lunch	12:00-1:00 p.m. Lunch	12:00-1:00 p.m. Lunch	11:30 a.m.-1:30 p.m. Lunch Cookout	1:30-2:30 p.m. Activity Time
6:45 p.m. Flag Ceremony	1:30-2:00 p.m. Kapers & Turtle Time	3:00 p.m. Flag & Closing Ceremony + Camper Check- Out			
7:00-9:00 p.m. Opening Ceremony Campfire & S'mores	2:00-4:00 p.m. Activity Time	2:00-4:00 p.m. Activity Time	2:00-4:00 p.m. Activity Time	2:00-4:00 p.m. Activity Time	3:00-7:00 p.m. <i>Optional After Care</i>
8:30-10:00 p.m. Nighttime Activities & Bedtime	5:30-6:30 p.m. Dinner	4:00-6:30 p.m. Dinner Cookout	5:30-6:30 p.m. Dinner	5:30-6:30 p.m. Dinner	
	6:45 p.m. Flag Ceremony	6:45 p.m. Flag Ceremony	6:45 p.m. Flag Ceremony	6:45 p.m. Flag Ceremony	
	7:00-9:00 p.m. All Camp Activity	7:00-9:00 p.m. Evening Activity Time	7:00-9:00 p.m. Evening Activity Time	7:00-9:00 p.m. Closing Campfire	
	8:30-10:00 p.m. Nighttime Activities & Bedtime				



Camp Butternut Springs Activity Time Examples

- Adventure Course: High Ropes, Rock Climbing, Ziplining
- Archery
- Arts + Crafts
- Canoeing
- Hammocking
- Hiking Trails
- Nature Exploration
- Off-site Field Trips
- Swimming Pool



Camp Juniper Knoll Activity Time Examples

- Archery
- Arts + Crafts
- Boating: Canoeing, Kayaking, Sailing, Stand Up Paddleboarding, Row Boating
- Hammocking
- Hiking Trails
- Lake Swimming
- Nature Exploration
- Net Fishing
- Off-site Field Trips
- Rock Throwing Range

