## **Pearsonal Equiment List**

- Lable everything you bring with your name and troop number! Use nail polish, permanent marker or thread.
- o Remember girls need to carry their own gear from the parking lot to the cabin or campsite.
- o Activities will go on despite the weather.
- Clothing should be appropriate to weather conditions. Cottons are comfortable in warm weather; however wool and synthetics will keep you warm and dry in cold/wet weather.
   Don't forget hats, scarf and gloves for winter. Dress in layers for warmth.
- o Campers need to do their own packing. They need to know what they brought, and be responsible for it.
- o Flashlights and rain gear should be put on top of the backpack to be reached easily.

### **Day Trips**

J 1	
□T-Shirt □Pants (especially if trail hiking) □Shoes with closed heels and toes □Socks that cover your ankles □Windbreaker, sweatshirt, or light jacket □Winter jacket, hat, and gloves (based on weather) □bandana	<ul> <li>□Rain gear</li> <li>□Toothbrush/toothpaste</li> <li>□ Washcloth, soap, and towel</li> <li>□Plastic bag for clothes</li> <li>□Personal medication; bronchial inhalers, an Epi-Pen or diabetes medications.</li> </ul>
□Rain gear (based on weather) □Refillable water bottle □Sunscreen □Insect repellant (non-aerosol)  Overnight Trips	All mediations should be in their original container. Medications, including overthe-counter products must never be dispensed without a signed Administering Medication to a Minor form.
□Backpack or Duffel bag (water resistant) □Sleeping bag or bed roll □Pillow (optional) □Flashlight with extra batteries □Sit-upon	Optional Equipment
<ul><li>□Mess-kit (dunk bag with unbreakable, cup, plate, bowl, knife, fork, and spoon)</li><li>□Sleepwear</li></ul>	<ul> <li>□ Compass</li> <li>□ Extra blanket</li> <li>□ Extra pair of eyeglasses</li> </ul>
□Slippers or clean shoes to wear indoors □Additional change of clothing (t-shirts, pants, underwear, and socks)	<ul><li>Boots (if needed)</li><li>Accident/incident Report Form</li></ul>



# **Troop Equiment List for Cabin Camping**

In perparation for your first oudoor cabin-camping experience, you can prepare a troop camp box. The camp box contains basic supplies and equipment. Many council camp sites have this equipment available, check with the property registrar for a list.

#### **Emergency Supplies**

- □Flashlight and extra batteries
- □Emergency weather info access
- □Box with lock for campers' medication

#### Kitchen and Utensil Supplies

- □Kaper Chart
- □Menu Planner
- □Recipes
- □Scissors
- □Tongs small and long
- ☐ Measuring cups and spoons
- □Knives
- □Can opener
- □ Plastic cutting boards, separate for meat and other.
- □Peeler
- □Ladles ad serving spoons
- □Spatula and scraper
- ☐ Meat Thermometer
- □Extra cups and eating utensils

#### **Cleaning Supplies**

- Dish washing soap
- Hand soap
- Scrubbing, non-scratch pads
- □ Disposable dishrags/hand-wipes
- □ Sponges
- □ Bleach
- □ Disposable gloves
- □ Long handled dish scrubber (optional)

#### **Outdoor Supplies**

- □ Clothesline
- □ Hot mitts
- □ Wood matches in watertight container
- □ Work gloves

### Paper Supplies & Food Storage

- □Aluminum foil
- □Re-closable storage bags, small and
  - large
- □Toilet Paper
- □Tablecloths
- □Garbage bags
- □Containers for leftovers and grease
- □ Facial tissue



## **Troop Camping Gear List**

Underwear

Socks

3 things to keep in mind when planning outdoor activities and making checklists. Keep it Lightweight, Compact and Simple

- Chances are group and personal gear will need to be carried to and from a picnic shelter or other location.
- For a day outing, girls should have their personal gear in a backpack leaving hands free to help carry group gear.
- Have the gear take up a minimum amount of room. Get rid of excess packaging; think small and efficient.
- This is not a complete list and should be used as a guide only. Feel free to add the items you will need.

<ul> <li>Not all of these items may be needed. It will depend on</li> </ul>	the weather, time of year, activities, and personal comfort.
Gear for a Day Outing Each Person should have in their day pack  Extra Clothing Filled Water Bottle Snack Sun Protection Insect Repellent	<ul> <li>Pajamas</li> <li>Tennis shoes or hiking boots (closed-toed)</li> <li>Water shoes or old shoes (if needed)</li> <li>Mess kit or non-breakable bowl, plate, cup</li> <li>Eating utensils</li> <li>Dip bag/mesh drawstring bag</li> <li>Sit upon or stadium cushion</li> <li>Swimsuit and towel (if needed)</li> </ul>
At least one adults should also carry:  Pocket Knife Flashlight Matches and Fire starters Map First Aid Kit	<b>Troop Gear for Overnight</b> Please review the Equipment Supply List in the GSGCNWI Rental Guide to see what items should be available at camp.
<ul> <li>Health History/ emergency contact forms for all girls and adults</li> <li>Pen and Paper</li> <li>Toilet Paper</li> </ul>	<ul> <li>Food (do not forgot the condiments, salt and pepper, etc.)</li> <li>Household Supplies</li> <li>Toilet Paper</li> <li>Paper Towels</li> </ul>
Personal Gear for Overnight	Heavy Duty Foil
Do Not Bring:	<ul> <li>Plastic Storage Bags for Leftovers</li> <li>Trash Bags</li> <li>Dish Detergent</li> <li>Scrubbers (S.O.S.)</li> <li>Bleach</li> <li>Matches</li> <li>Vinyl Gloves</li> <li>Handiwipes or sponges</li> <li>Handsoap</li> <li>Hand Sanitizer</li> </ul>
<ul> <li>— Sleeping Bag, blanket, sheet</li> <li>— Pillow and Pillow Case</li> <li>— Towel and wash cloth</li> <li>— Soap</li> <li>— Toothpaste and Toothbrush</li> <li>— Bug repellent</li> <li>— Sunscreen</li> <li>— Hairbrush/comb</li> <li>— Flashlight with extra batteries</li> <li>— Long pants/jeans</li> <li>— Long-sleeved shirt</li> <li>— Shorts (depending upon weather)</li> <li>— T-shirts</li> <li>— Jacket</li> <li>— Raincoat/poncho (no umbrellas)</li> <li>— Hat with brim</li> <li>— Warm hat, mittens, scarf, winter boots (depending upon weather)</li> </ul>	Kitchen Utensils  Paring Knives Cooking spoons Turners / Spatulas Peeler Tongs Measuring Cups & Spoons Can Opener Mixing Bowls Pots, Pans, Lids Other Kaper Charts First Aid Kit Fire Starters Clothesline and Clothes pins Program Supplies