

Girl Scouts of Greater Chicago and Northwest Indiana  
**Camp Butternut Springs Adventure Course**

**PARTICIPANT INFORMATION**

(If under 18 years old- must be signed by parent or guardian)

*This information is provided to introduce you to the benefits, risks and responsibilities associated with participation in the Camp Butternut Springs Adventure Course. Please read the following carefully. If you choose to participate in the Camp Butternut Springs Adventure Course, your signature (or a parent/guardian signature for participants under 18 years old) is required on page 2 of this form. This form must be turned in to a Camp Butternut Springs representative before you begin your program.*

**What is adventure education?**

Adventure education is the purposeful use of activities in which there are real and perceived risks and where the outcomes are uncertain but can be influenced by the participants. The Girl Scout program is founded upon the idea of learning by doing and its purpose is to give people opportunities to develop awareness and skills that lead to personal and group achievement.

**What kinds of activities are in the Camp Butternut Springs adventure education?**

Your group's leader will have specific information regarding the types of activities designed for this program. The activities can be physically demanding and may include running, jumping, lifting, being lifted, spotting others and climbing to heights. The activities can be mentally, socially and emotionally challenging as well. Butternut Springs adventure programs are created from a combination of some or all of the following curriculum areas: trust building and group problem solving activities, high ropes, rock climbing (climbing tower) and zipline. Participants will need to learn the skills and specific safety procedures associated with all activities including the proper use of safety equipment.

**Do participants have choices while participating in the Butternut Springs adventure course?**

Challenge course educational philosophy is challenge by choice, which means that we believe maximum benefits and learning occur when the challenges are freely chosen by the participants. Your instructors will make every reasonable effort to teach the associated skills and safety procedures which help create a supportive environment where accepting challenges is encouraged. Your responsibility is to make appropriate choices regarding participation in the activities based on your understanding of the benefits to be gained, risks involved and your fitness level.

**What are the risks?**

Your Butternut Springs adventure course leaders are skilled and experienced and will make every reasonable effort to minimize exposure to known risks associated with the activities. However, there are risks inherent in adventure education, and your Butternut Springs adventure course leaders cannot guarantee total protection from all risks. Different program components carry different levels of potential risks which are not limited to risks of a physical nature. The risks may be social or emotional in nature, as well.

**What are the participants' responsibilities?**

Participants are responsible for their own safety and for the safety of others. To minimize safety risks, you must therefore learn and follow all safety rules and your leader's instructions. You must develop a questioning attitude and make your instructors aware at any point during an activity if you question your knowledge of the safety rules or your ability to participate.

## ASSUMPTION OF RESPONSIBILITIES AND RISKS- LIABILITY RELEASE

My signature below indicates that I, (adult participant or name of parent/guardian) \_\_\_\_\_(and my son/daughter if participant is under 18-years-old) have read all of the information on this page and preceding page, have been informed of the risks and responsibilities associated with the Butternut Springs adventure course program, and understand and agree to assume the risks and responsibilities associated with my/my son's/my daughter's participation in the Butternut Springs adventure course program.

I understand that some of the program components may involve strenuous physical activity, that there are inherent risks in the Butternut Springs adventure course program, and that participation in any activity is entirely voluntary. I represent that I/my son/my daughter am physically able to participate in any activity I/he/she choose(s).

I have provided complete, up-to-date, and accurate health information on the health history form and I/my son/my daughter will notify the Butternut Springs adventure course instructors regarding any changes in my/his/her health or fitness which may occur during the program.

In the event of an illness or injury, I give my consent to Camp Butternut Springs instructors to administer first aid and to secure professional medical services as needed.

I understand and assume all dangers and risks associated with the activities and waive all claims against the Girl Scouts of Greater Chicago and Northwest Indiana, Camp Butternut Springs Adventure Course staff and their officers, employees, volunteers, agents and their heirs, executors and assigns, for any injury or illness that should occur due to my/my son's/my daughter's participation in this program. Furthermore, I give my consent to medical personnel to treat me/my son/my daughter in a medical emergency. My signature on this document also binds my successors, heirs, representatives, administrators and assigns.

Participant Signature \_\_\_\_\_

Parent's Signature (if under 18 years of age) \_\_\_\_\_