

# Summer Camp Information Packet

## Camp Juniper Knoll



### Camp Director

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**girl scouts**  
of greater chicago  
and northwest  
indiana

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## Getting to and from Camp Juniper Knoll

Camp Address W5091 Wisconsin 20  
East Troy, WI 53120

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Camp Phone Number Summer Camp Phone: (262) 642-5455

The summer camp phone number will be answered starting June 1 through August 6. If you have questions before or after that time, please contact the camp director or our Customer Support team.

- Customer Support Phone: (855) 456-8347
- Customer Support Email:  
[customercare@girlscoutsgcnwi.org](mailto:customercare@girlscoutsgcnwi.org)

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Arriving at Camp The Property Manager's house is at the entrance to camp; when you arrive, it may appear as if you are pulling into someone's driveway. Drive down the entrance road to the right of the barn. This ½ mile road will take you to the parking lots; turn right into the first parking lot. The check-in process will begin here.

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Check-In **Check-in is from 1:30-3:30 p.m.** For best flow of traffic and to avoid long back-ups, we recommend campers whose last name begins with A-L arrive between 1:30-2:30 p.m. and campers whose last name begins with M-Z arrive between 2:30-3:15 p.m. Please do not arrive earlier than 1:15 p.m.

In the first parking lot, we will confirm we have your camper's completed paperwork and collect any waivers (as needed) for your camper's session. There will be an opportunity to fill out any missing information at this time.

The next stop will be at our second parking lot. Here you will be directed through different stations to check in medication and/or camper cell phone(s) and drop off mail and trading post money. More information about health and wellness at camp, cell phones, and camper mail can be found later in this packet.

The last check-in station is where the camper will exit the vehicle; staff will assist with unloading luggage and complete a health screening that consists of temperature and lice checks. Please have your camper's luggage easily accessible in the trunk or near a door; we will provide luggage tags during the check-in process so your camper's luggage can be clearly labelled.

Family members may get out of the vehicle for finals goodbyes but must stay at the vehicle. Camp staff will bring your camper to their staff member. Luggage will be transported to living units, and staff will assist campers with setting up their beds and begin orienting them to camp.

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Check-Out **Check-out begins at 7:00 p.m. with our closing ceremony. Please do not arrive earlier than 6:30 p.m. All family members are invited to attend the closing ceremony but please leave pets at home.**

Upon arrival at camp, a staff member will check your photo ID and have you sign a release form for your camper(s). **You will keep this form in your possession until it is returned to your camper's counselor in exchange for your camper.** After signing this form, you will park your car.

Luggage will be nearby and sorted by living unit. You are welcome to begin picking up luggage before or after closing ceremony. If you pick up your camper's luggage before closing ceremony, we strongly encourage you return after with your camper to confirm none of their belongings were missed (things may be re-packed differently than they were when you dropped off and wet or dirty clothes may have been put in a separate bag).

Closing ceremony begins at 7:00 p.m. with a camper-led flag ceremony. Each program will have the opportunity to share a brief description of their week and sing a camp song for everyone. At the end of closing ceremony, campers will line up behind their counselor. You will need to turn in your signed camper release form to the counselor for your camper to be released to you. Your camper will have any medication(s) and a check-out envelope containing camp patches, badge card, their cell phone (if checked in), and any leftover trading post money.

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Late Check-In & Early Departure **Please be aware that by arranging a late arrival or early departure for a camp session, campers will unfortunately miss parts of the camp program.**

All late check-ins and early departures must be pre-arranged and indicated on your camper's paperwork in CampDoc at the times below. After paperwork is due on May 1, all changes to your check-in and/or check-out times should be coordinated with the camp director.

Late check-ins can take place at 7:30 p.m. on the first day of your camper's session or at 8:30 a.m. on the second day of your camper's session.

Early departures can take place at 8:00 a.m., 12:00 p.m., or 4:00 p.m. on the last day of your camper's session.

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Absences If you need to make a last-minute cancellation, please inform us of your camper's absence by emailing the camp director or calling the camp phone at 262-642-5455; if you need to leave a message, please include your camper's full name and program.

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## Program & Activity Information

**Program Activities** Our camp program is balanced with traditional camp activities, theme-based activities, and camper-planned activities; all are facilitated with progression and intentional skill-building. Campers participate in most activities with their program group, but there are also multiple all-camp activities that bring the whole camp together to have fun.

On the first day of their session, campers will work with their staff and the rest of their group to plan the schedule for the week. Campers will have the opportunity to vote on camp activities and suggest additional activities for their group to participate in throughout the week.

During their time at camp, campers may participate in activities that can be applied toward earning Girl Scout badges and Journeys. At the end of their session, campers will be sent home with a badge card that lists any completed badge steps.

Most activities take place outdoors in the open air whenever possible. Large group activities will follow current health guidelines for the number of people who can safely gather at once. More information about weather accommodations can be found on page 9.

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**Sleeping Accommodations** Campers of the same age group live together in “units.” Most program groups at Juniper Knoll sleep in platform tents or yurts; the anticipated sleeping accommodation for each program is listed next to the session dates in the Summer Camp Guide.

Platform tents sleep up to 4 people on cots; mosquito netting is provided. Staff will sleep in their own platform tent, centrally located within the unit.

Yurts sleep up to 8 people on bunk beds. Staff will sleep in their own yurt, centrally located within the unit.

Lodges sleep 8-10 campers and 2 staff members. Campers will sleep on bunk beds in the main room and staff will sleep in an adjoining room.

All living units have their own nearby restroom, with flush toilets and running water.

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**Swimming** Campers can participate in free swim in the lake every other day while at camp. Juniper Knoll has a private beach and waterfront area on Pleasant Lake; swimming takes place in a roped-off area. Certified lifeguards and trained watchers are on duty at the lake during all aquatic activities.

All campers participate in a “swim check” during their first swim time to demonstrate their swimming ability and comfort level in the water. Campers are then given a color-coded swim cap which designates how far out into the swim area they are allowed to go. Campers must wear their swim cap at all times while swimming and can only swim in areas of the water that match their skill level; this allows the aquatics staff to better manage and ensure safety for all campers in the water.

Swim caps contain latex. If your camper has a latex allergy, please make sure to indicate this on their CampDoc paperwork, so we can provide them with a reasonable latex-free substitute.

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**Boating** All campers will have the opportunity to go boating at least once during their time at camp. Daisies and Brownies will go row boating while Juniors and older will go canoeing. Campers in aquatic-themed programs will have additional opportunities at the lake.

Most of our neighbors on the lake are residential, and Pleasant Lake is a “no wake lake” which means there is a strictly enforced speed limit for all motorized vessels.

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**Showers** All programs will have a shower time scheduled each day, but it will be camper choice to take a daily shower. All campers will, at minimum, be strongly encouraged to rinse off after swimming.

If your camper prefers baths at home, we encourage you to have them practice showering independently before attending camp.

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**Meals** Each full day at camp includes three meals and two snacks. Ample, well-balanced meals with vegetables, fruit, and protein are served at camp; exact menus vary every day of a session. Campers will eat in the dining hall for most meals during their session except for cookouts and off-site trips.

Please do not send food with your camper unless pre-arranged with the camp director. All food found in luggage or mail will be collected by camp staff and returned at the end of the session. Food in living quarters attracts unwelcome animals and bugs.

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**Cook Outs** All campers will cook out at least once per week as part of their program. Campers in cooking programs will cook out multiple times.

Menus are planned by the campers during the week and prepared collaboratively over the campfire with staff supervision and assistance.

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**Kapers** Kapers are a Girl Scout tradition that help build responsibility and teamwork skills, while caring for their environment and camp. Kapers at camp are done as a group with staff assistance and are composed of unit and all-camp tasks and are done in accordance with appropriate health and safety procedures, depending on the task.

Unit kapers include tidying up sleeping areas, helping clean bathrooms, gathering firewood, and picking up litter.

All-camp kapers rotate between program groups at camp and include leading flag ceremonies, tidying up around camp, helping clean bathrooms and the shower house, picking up litter, and being meal hoppers (helping to set tables at mealtimes, leading the camp in a thank you before eating, and helping sweep after meals).

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**Trading Post** Camp operates a small store where campers can purchase a limited selection of small items such as postcards, pens, fun patches, stuffed animals, and camp apparel. Campers visit the trading post at least once during their session. There are no snacks or drinks for sale.

Money can be dropped off for your camper during check-in; it will be kept locked in the camp office when not at the trading post. Remaining money not spent will be returned at the end of your camper's session.

Items in the trading post range from \$1 up to \$40, with most items costing less than \$10. \$5-\$20 is the average range of money families typically leave their camper for a week at camp. If you have any questions about the trading post, please contact our retail team at [ShopGS@girlscoutsgcnwi.org](mailto:ShopGS@girlscoutsgcnwi.org).

Camper Kits are also available to order in advance online and will be delivered right to your camper at the beginning of their camp session.

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Off-Site Trips   Programs marked with a map icon in the Summer Camp Guide will travel off-site as part of their program.

Depending on the trip, some programs will have a specialty packing list of items to bring in addition to the standard packing list. These specialty packing lists can be found beginning on **page 19** and are listed by program name. If your camper's program is not listed, there is not a specialty packing list.

Some off-site activities will require a parent/guardian-signed waiver; programs requiring a waiver will be marked with an \* in the specialty packing list section. Waivers will be sent to you via email two weeks prior to the program start date; blank waivers will also be available at check-in.

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Camper Mail   Campers love receiving mail! Mail can be sent through the postal service to the camp address or dropped off during check-in. **Please label all mail with your camper's first and last name, program name, program dates, and the day you would like them to receive it (if dropping off at check-in).**

The US Postal Service make daily deliveries to camp. If you are mailing anything to your camper, we recommend doing so in advance to ensure it arrives while they are at camp. Letters that arrive after your camper has gone home will be returned to sender.

Mail is delivered to campers daily, except on the day they arrive at camp.

Please limit mail to postcards, letters, and small packages. Care packages can sometimes lead to group conflict or negatively impact other campers. We appreciate if package size and contents can be kept modest or can be shared with the entire program group. As an alternative to mailing a care package or gift, you can hide it in their luggage while packing for camp with instructions on when to open it.

Please do not send campers any food or gum as these items can attract unwelcome animals and bugs.

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Camper Cell Phones    Campers staying at camp for a week or longer program have the option to check in a cell phone to use at camp. Campers in 3-day sessions do not have the option to bring a cell phone.

Campers who choose to bring a phone to camp will have the opportunity to call home on Wednesday afternoon. Cell phone time typically happens around lunch time but may vary depending on program activities. Any changes to this schedule will be communicated to you at check-in so you will best know when to expect your camper's call.

While we encourage campers to call parents/guardians, it is their choice whether or not to call.

Please note that camp is located in a rural area. **We cannot guarantee cell phone service nor verify service availability. The camp phone is for emergency and business use only. If no phone is checked in or the checked in phone does not work at camp, we are unable to provide campers access to the camp phone.**

Phones will be left off and stored in the camp office. Please note that GSGCNWI is not responsible for damage to phones. Electricity for phone chargers and Wi-Fi connections are not available. Campers with phones cannot share with other campers unless noted by a parent/guardian at check-in.

Please assist us in honoring our values and procedures by not giving your camper a cell phone to keep with them in their luggage. We will contact you if your camper is having a difficult time adjusting to camp life.

Based on our experiences, even campers who are having a great time often become homesick while speaking to someone at home. It is natural to miss home, and our staff are prepared to support your camper during their session. **We ask for your support in encouraging your camper to focus on the fun of camp and to reach out to their counselor or other staff if they still do not feel better by the end of the day. Focusing on other successful overnight experiences or how much you believe in them helps too!**

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## Health & Safety

**Weather** Programs are held rain or shine! Schedules remain flexible to adapt to weather changes so that campers are safely participating in fun and challenging activities. Help your camper have a successful time at camp by checking and preparing for the weather prior to arrival.

Camp staff constantly monitor weather radios and alerts from the National Weather Service. There are designated indoor storm shelters in cases of severe weather. If severe weather develops during the camp day, campers will be moved to a shelter until the weather situation passes. At night, campers will be moved to an indoor sleeping location for the night.

**Please do not call camp regarding weather updates. Staff will be busy attending to the safety of the campers and the phone line must remain open in case emergency services need to be contacted.** You will be notified of any emergencies involving your camper.

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**Check-in Health Screening** Upon arriving at camp, campers will complete a health screening that ensures they are healthy to attend camp.

During this health check, camp staff will ask health screening questions, take the camper's temperature, and check heads for lice or nits (campers may be asked to undo their hair or remove hats or bandanas for this check).

If lice/nits are found, parents/guardians will be responsible for taking their camper home to be treated before they can return to camp. Though often a hassle, lice can happen; talk with the camp director to determine return options for your camper.

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**Sick Policy** Maintaining a safe and healthy environment for our campers and staff is very important to us. If your child is sick and/or could possibly be contagious, please do not send them to camp, instead email or call your Camp Director to note your camper's absence.

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**Camp Health Center** The camp health center is equipped to handle common camper illnesses and minor injuries. If a camper gets hurt or shows signs of illness, they will be taken to the health center for evaluation by the health supervisor.

(continued on next page)

Camp Health Center (continued)	<p>Though we will not call home for every scrape or stomachache, we will notify parents/guardians by phone if any of the following occur and will work with you to determine the best care for your camper:</p> <ul style="list-style-type: none"> <li>• Any illness or injury that interferes with a camper's participation in the program or requires the camper to spend the night in the health center</li> <li>• Any vomiting or allergic reactions</li> <li>• Any illness or injury requiring outside medical attention, including COVID symptoms</li> </ul>
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Homesickness	<p>It is not uncommon for campers to experience some homesickness while away at camp. Homesickness typically disappears within the first two days at camp as campers adjust to the new people, environment, and routine. Camp staff are trained to work through this with your camper. When sending mail or speaking with your camper, we recommend keeping things as upbeat as possible and avoiding phrases such as “the dog refuses to eat since you left.”</p>
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The first night at camp is always the most difficult. Many times, letters written home at this point are not full of the fun things they are doing at camp. Please consider the amount of time a letter has taken to reach you; your camper has often adjusted to camp life by the time you receive such a letter in the mail. The camp director is available to check on your camper and update you on their experience and how they're doing at any time.

We encourage families to reassure their camper that they will be successful during their camp experience and that you look forward to seeing them on closing day. If your camper struggles to adjust to camp life, the camp director will contact you.

Campers who go home early are not eligible for a refund of the camp fee.

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Dietary Needs	<p>Please let us know of any allergies and dietary restrictions before coming to camp. This information should be noted on the camper's CampDoc paperwork.</p>
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We can accommodate a variety of dietary needs and allergies. We provide similar substitutes to meet the needs of each camper, while providing a balanced and complete meal, safe from cross-contamination. We are happy to talk with you about your camper's specific dietary needs and how to ensure your camper has a successful camp stay.

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Camper Paperwork & CampDoc	<p><b>Camper Paperwork is due May 1, 2023.</b> Resident camp paperwork consists of a variety of forms that must be completed for your camper to attend camp and participate in activities. Paperwork is completed online using the CampDoc platform.</p>
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Camper Paperwork &  
CampDoc  
(continued)

Within 14 days of registering for camp, you will receive an email from a **campdoc.com** email address with a link to your camper's electronic paperwork. If you do not see an email from CampDoc, make sure to check your spam/junk folders. If you need any assistance accessing your CampDoc account, please contact us at [customercare@girlscoutsgcnwi.org](mailto:customercare@girlscoutsgcnwi.org).

We recommend having the following resources available to you when completing your camper's paperwork:

- Current health exam/physical
- Doctor & dentist contact information
- Immunization records with dates
- Dietary restrictions
- Allergy information

Paperwork does not need to be completed in one sitting and can be edited at any time before the May 1, 2023 paperwork submission deadline, when the forms will be locked for staff review.

Health standards require a current health exam/physical that is from within 24 months of the camper's last day at camp and is signed by a doctor. We will also accept copies of school/sports physicals as long as they meet the date requirements.

No camper will be allowed to stay at camp without a signed and completed health physical form. Health exam/physical forms can be uploaded directly to your camper's paperwork or emailed after May 1, 2023 to [camper@girlscoutsgcnwi.org](mailto:camper@girlscoutsgcnwi.org). Please make sure to include the camper's name, camp location, and program name in the subject line of the email. We are unable to return any hard copies of health forms turned in at check-in.

If your camper is taking any prescription or over-the-counter medication or supplements, these should be listed in the medications portion of their paperwork. Per state laws and health codes, all medications sent to camp must be in the original labelled container.

The over-the-counter medication section of the paperwork must be completed for all campers and signed by a parent/guardian. Our health centers are stock with a supply of common over-the-counter medications, as authorized by a physician, to treat simple complaints such as bug bites, headaches, mild upset stomachaches, menstrual cramps, etc. Any medications listed in this section are kept in stock in the health center and you do not need to send them to camp with your camper. You are also able to indicate in this section if you do not want us to give your child any over-the-counter medication.

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COVID-19 & Summer Camp      GSGCNWI Summer Camps will follow current recommendations from the CDC regarding COVID-19 prevention. These recommendations may change based on a variety of factors, including CDC updates to guidance, COVID-19 community level, and other changes that we cannot predict. For current recommendations, please visit the [CDC's COVID-19 website](#).

- **Masking**

- Masking may be required indoors during GSGCNWI summer camp programs if it is recommended by the CDC based on community transmission rates.
- Masking requirements will be communicated by email to caregivers. While camps will do their best to communicate masking requirements prior to the start of the camp session, there may be times masking requirements change mid-session.
- Campers can always choose to wear a mask. If a family wishes to discuss further, please contact the camp director for the camper's session.
- Masks will always be available at camps for camper and staff/volunteer use.

- **Vaccination**

- Campers are strongly encouraged to be fully vaccinated against COVID-19.
- All adult camp staff and volunteers must be up-to-date on their vaccinations for COVID-19.

- **Isolation & Quarantine**

- GSGCNWI will follow CDC guidance about isolation and quarantine in situations where a camper, staff member, or volunteer has been [positively diagnosed with COVID-19](#) or has been [exposed to COVID-19](#).
- If the CDC recommends that a camper, staff member, or volunteer should be in isolation/quarantine, then they will not be permitted at summer camp programs for the duration of that period.

- **Communications**

- If your camper tests positive for COVID-19 after attending a summer camp program, please let the camp director know.
  - If there is a positive case of COVID-19 at camp and your camper is suspected to have been in close contact, the family will receive an update by email regarding the suspected exposure.
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## General Information

Communication from Camp      Emails with important camp information will come from:

- Girl Scouts GCNWI Registrations & Reservations, [girlscoutsgcnwi@active.com](mailto:girlscoutsgcnwi@active.com)
- CampDoc, [@campdoc.com](http://@campdoc.com)
- Your camp director, Margaret “Strike” Gawlik, [mgawlik@girlscoutsgcnwi.org](mailto:mgawlik@girlscoutsgcnwi.org)

Make sure to check your email (including junk/spam folders) for any additional important information before coming to camp!

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Contact Information      Questions? Contact:

- Camp Director Margaret “Strike” Gawlik, [mgawlik@girlscoutsgcnwi.org](mailto:mgawlik@girlscoutsgcnwi.org)
- Customer Support, [customercare@girlscoutsgcnwi.org](mailto:customercare@girlscoutsgcnwi.org) or (855) 456-8347

After June 1, the summer camp phone number (262) 642-5455 will go live. Before June 1 contact Customer Support or the camp director.

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Buddy Requests      Campers can attend camp with a buddy. During registration families will have the opportunity to add a buddy request; please contact Customer Support or the camp director if you need to add a buddy request after completing your registration.

**Campers may request one buddy. Buddies must request each other and be in the same program, for the same dates, at the same camp location.** Groups, troops, and multiple buddy requests are not guaranteed for summer camp programs.

All program participants will be sharing the same living unit at camp and will be bunking near each other if they are not in the same tent or yurt.

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Girl Scout Membership      Girl Scout membership is required to participate in camp. If your camper is not currently registered, a \$25 membership fee can be added when registering for camp. This fee includes basic accident insurance coverage for all registered Girl Scouts as a supplement to existing insurance coverage. For more information about becoming a Girl Scout visit [www.girlscoutsgcnwi.org/join](http://www.girlscoutsgcnwi.org/join)

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Behavior Issues	All campers and their caregivers are asked to review and commit to a behavior and expectations agreement. If a camper is struggling, camp staff will work with the camper and the family to try to help the camper succeed in the camp setting. If a camper poses a safety risk to themselves or other campers on site, the caregiver will be called and asked to pick up their camper. There will be no refund for early dismissal.
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Photos & Video	When filling out your camper paperwork, you have given the Girl Scouts of Greater Chicago and Northwest Indiana permission to take photos and/or videos of your camper(s) while they are at camp.
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These photos or videos may be used for future promotional materials.

If you do not want Girl Scouts GCNWI to take and use photos and videos of your camper(s), send an email indicating this at least one week out from your camp program to [mgawlik@girlscoutsgcnwi.org](mailto:mgawlik@girlscoutsgcnwi.org) or send a written note on the first day of camp.

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Camp Staff	Our summer staff are composed of carefully selected and screened adults, who display a commitment to working with children and a love for the outdoors. Background checks and reference checks are completed for all staff members. All staff members complete pre-camp training that include First Aid, CPR, child development, Girl Scout programming, and much more.
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Each staff member chooses a “camp name.” These are nicknames that allows staff to create memorable relationships with campers distinguished from that of their teacher, other authority figure, or even yourself. It also keeps us from having multiple staff members with the same name and adds to the magic of Girl Scout camp.

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## Financial Information

**Camp Fee Payments** Resident camp registration fees cover a wide variety of weekly camp activities including program supplies, meals, lodging, off-site trips (program-specific), and supervision from trained and caring adult staff.

At registration, there are two options to pay for summer camp:

1. Pay camp fees in full at time of registration, including non-refundable deposit.
2. Pay the non-refundable deposit at time of registration and pay the remainder on a payment plan.

Payment plan participation requires you to securely save a debit/credit card to your account during registration.

Payment(s) towards a payment plan can be made at any time after registration by accessing your program registration account and selecting “Pay on Account.” These payments can be made with a card other than the one on file on your account.

**Any remaining balance on a payment plan will be automatically charged to the debit/credit card on file on the account on June 1, 2023.**

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**Financial Assistance** Girl Scouts GCNWI makes funds available for participants whose caregivers could otherwise not afford the cost of camp. **Any registrant who is a registered Girl Scout is eligible to receive confidential financial assistance for one session of any day or resident camp program.** Assistance is distributed based on available funds.

To receive financial aid, campers must first register for summer camp and make initial payment in the form of a deposit. After registration, campers can complete the Girl Scout Financial Assistance Application which is available at [www.girlscoutsgcnwi.org/financial-assistance#camp](http://www.girlscoutsgcnwi.org/financial-assistance#camp). Approved financial assistance will be deducted from total owed for the summer camp program.

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Cancellations & Refunds	All camp programs are subject to cancellation or rescheduling by GSGCNWI. If a camp program is cancelled by GSGCNWI, and the camper is unable to attend an alternate session, all fees will be refunded, including any deposit made. If a program is cancelled, notification will be sent by email or phone.
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Camp program cancellations received at least 14 days prior to the program start date are eligible for a refund, minus the non-refundable deposit. Refunds will be issued to the same credit or debit card they were paid with.

Cancellations due to medical reasons less than 14 days prior to the program start date are eligible for refund, minus the non-refundable deposit. Requests for cancellation due to medical reasons must be made by August 30, 2023 and include a doctor's note. Cancellation due to COVID-19 must provide dated proof of positive test.

Refund requests must be submitted in writing. Please email [customercare@girlscoutsgcnwi.org](mailto:customercare@girlscoutsgcnwi.org) with the subject line: Attn: Summer Camp Refund.

Refunds will not be made for the following:

- No shows, late arrival, early departure, or partial program attendance.
  - Cancellation requests less than 14 days prior to the program start date.
  - Campers who violate camp policies and are sent home.
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## Resident Camp Packing List

Quantities are recommended below; pack what makes the most sense for your camper based on length of stay and anticipated weather forecast for their time at camp.

- ☐ Warm sleeping bag or bed roll
- ☐ Pillow
- ☐ Backpack
- ☐ T-Shirts: 1 per day, plus 1 extra
- ☐ Shorts: 1 per day, plus 1 extra
- ☐ Jeans, pants or sweatpants: 1-2 pairs
- ☐ Socks: 1 per day, plus 1 extra
- ☐ Underwear & Bras: 1 per day, plus 1 extra (sports bras recommended)
- ☐ Pajamas: 2+ sets
- ☐ Sweater/Sweatshirt/Jacket
- ☐ Bandana, bucket hat, or baseball hat
- ☐ Rain suit, raincoat, or poncho
- ☐ Swimsuit
- ☐ Towels: 2-3
- ☐ Gym shoes, rain boots, or hiking boots: 2 pairs
- ☐ Mess kit (unbreakable plate, cup, bowl, & utensils in a dunk bag)
- ☐ Flashlight with extra batteries
- ☐ Reusable water bottle
- ☐ Comb/brush and hair ties or other hair accessories
- ☐ Toothbrush and toothpaste
- ☐ Shampoo, conditioner, and soap
- ☐ Deodorant
- ☐ Personal sanitary supplies
- ☐ Eyewear supplies (glasses, glasses care, and/or contacts)
- ☐ Sunscreen (minimum SPF 30)
- ☐ Bug spray
- ☐ Small pouch to carry toiletries

### Optional Items:

- ☐ Laundry bag
- ☐ Washcloth
- ☐ Personal hand sanitizer
- ☐ Masks: 1-2 per day
- ☐ Inexpensive camera
- ☐ Paper, pen/pencil, envelopes, and stamps
- ☐ Shower shoes (i.e. flip flops)
- ☐ Sunglasses
- ☐ Book to read

### Please do not bring:

- X Electrical appliances (including but not limited to hair dryers, personal music devices, computers, gaming devices, etc.)
- X Glass bottles or containers
- X Umbrellas
- X Snack food (including candy or gum)
- X Hidden cell phones

## Packing List Details

**Packing Tips** Please try to limit your camper to three pieces of baggage: a sleeping bag with pillow, suitcase or duffel bag, and a backpack to carry around camp each day.

Be sure to label your camper's belongings with their name. Luggage tags for baggage will be provided at check-in.

Be sure to pack enough clothes to last the entire program session.

Have your camper help pack for camp, including rolling their sleeping bag, so they are familiar with what they have with them and will know how to pack up at the end of their session.

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**What to wear** Camp life involves a lot of hiking, wooded areas, dirt, and outdoor time. Campers should wear casual clothing that can get dirty. Campers will frequently use art supplies and play outdoors; we recommend clothes you won't mind getting stained.

Socks and sturdy, close-toed shoes should be worn to protect feet on trails and gravel roads at camp.

Clothing is there to protect campers from the environment, such as the sun, bugs, and sticks/uneven walking surfaces. Short shorts, tank tops with spaghetti straps, halters, crop tops, sandals, crocs, and other open-toe shoes should not be worn at camp.

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**Backpack** Campers will carry the Fab 5 with them every day: sunscreen, bug spray, flashlight, raincoat/poncho, and water bottle.

Campers also carry items to and from swim and shower times. We recommend using a regular backpack instead of a drawstring bag.

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**Water Bottle** Water bottles should be reusable—Girl Scouts stay green! Please bring the water bottle filled to camp. The water at camp is well water and may taste different than at home, but it is all potable and safe to drink.

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**Masks** Optional unless otherwise notified. 1-2 per day recommended.

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## Specialty Program Packing Lists

**All specialty program packing list items are in addition to the packing list above. If your camper's program is not listed below, there are no additional items needed.**

**Programs indicated with an asterisk (\*) have an additional waiver(s) that will be emailed to you two weeks prior to the program start date.**

Backpack Explorer	<input type="checkbox"/> Hiking boots <input type="checkbox"/> A hat or other head covering (i.e., bandana) to aid in tick prevention on trail
Paddling Explorer Sails 'n Trails Splashtastic Canoe, Kayak, & You Taste of Sailing Hoist Yer Sails I Come Sail Away	<input type="checkbox"/> At least 1 additional swimsuit <input type="checkbox"/> Water shoes (traditional water shoes or an athletic sandal with a strap that will remain firmly on feet if worn in the water—i.e., Keens, Texas, Chacos, etc.)
Ropes 'n Reins*	<input type="checkbox"/> Long pants/jeans for riding <input type="checkbox"/> Sturdy shoes/boots (preferably with a heel) <input type="checkbox"/> Longer shorts or leggings for climbing activities (aka shorts that will not ride up under a harness)
Backpack Wanderer Wilderness Trek Girl vs. Wild	<input type="checkbox"/> Hiking boots <input type="checkbox"/> 2-3 “quick dry” shirts <input type="checkbox"/> Shorts/leggings/pants that are comfortable for hiking <input type="checkbox"/> 3 pairs wool socks <input type="checkbox"/> Long sleeve shirt <input type="checkbox"/> Jacket or sweater (fleece/wool preferred) <input type="checkbox"/> Long pants (not jeans) <input type="checkbox"/> Rain jacket and rain pants <input type="checkbox"/> Gloves <input type="checkbox"/> Fleece or wool cap <input type="checkbox"/> 2 water bottles <input type="checkbox"/> Compact sleeping bag <input type="checkbox"/> Sleeping pad (provided if needed) <input type="checkbox"/> Backpacking pack (provided if needed) <input type="checkbox"/> Chapstick (with sunscreen!) <input type="checkbox"/> A hat or other head covering (i.e., bandana) to aid in tick prevention on trail
On Belay* Bird's Eye View*	<input type="checkbox"/> Longer shorts or leggings for climbing activities (aka shorts that will not ride up under a harness) <input type="checkbox"/> A small duffel bag for off-site trip to Devil's Lake

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- Bring Your Boots\*
- ☐ Hiking boots
  - ☐ Long pants/jeans for riding
  - ☐ Sturdy shoes/boots (preferably with a heel)
  - ☐ Longer shorts or leggings for climbing activities (aka shorts that will not ride up under a harness)
  - ☐ A hat or other head covering (i.e. bandana) to aid in tick prevention on trail
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- Keep Calm & Paddle On\*  
Go With the Flow\*  
Packs & Paddles
- ☐ Water shoes (traditional water shoes or an athletic sandal with a strap that will remain firmly on feet if worn in the water—i.e. Keens, Texas, Chacos, etc.)
  - ☐ 1 additional swimsuit
  - ☐ 2-3 “quick dry” shirts
  - ☐ 2-3 “quick dry” shorts
  - ☐ 3 pairs wool socks
  - ☐ Long sleeve shirt
  - ☐ Jacket or sweater (fleece/wool preferred)
  - ☐ Long pants (not jeans; “quick dry” preferred)
  - ☐ Rain jacket and rain pants
  - ☐ Gloves
  - ☐ Fleece or wool cap
  - ☐ 2 water bottles (wide mouth, plastic, and at least 32 oz; no water bottles with attached straws, please)
  - ☐ Compact sleeping bag
  - ☐ Sleeping pad (provided if needed)
  - ☐ Small dry bags for gear (not bigger than 10L; provided if needed)
  - ☐ Chapstick (with sunscreen!)
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- Eco Expedition\*
- ☐ 1 additional swimsuit
  - ☐ Hiking boots
  - ☐ Water shoes (traditional water shoes or an athletic sandal with a strap that will remain firmly on feet if worn in the water—i.e. Keens, Texas, Chacos, etc.)
  - ☐ At least 1 “quick dry” shirt
  - ☐ At least 1 pair of “quick dry” shorts
  - ☐ Sweatshirt, long pants, and closed-toe shoes that **will** get dirty while crawling through cave tunnels
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- Wisconsin Wonders\*
- ☐ 1 additional swimsuit
  - ☐ Hiking boots
  - ☐ At least 1 “quick dry” shirt
  - ☐ At least 1 pair of “quick dry” shorts
  - ☐ A hat or other head covering (i.e. bandana) to aid in tick prevention on trail
  - ☐ A small duffel bag for off-site trip
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X Campers **should not** bring a bike; bike and helmet rental is included in the cost of the program and there will not be a way to transport the bike to the off-site location

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- Trip Leader-in-Training
- ☐ Hiking boots
  - ☐ Shorts/leggings/pants that are comfortable for hiking
  - ☐ Water shoes (traditional water shoes or an athletic sandal with a strap that will remain firmly on feet if worn in the water—i.e. Keens, Tevas, Chacos, etc.)
  - ☐ 1 additional swimsuit
  - ☐ 3+ “quick dry” shirts
  - ☐ 2-3 “quick dry” shorts
  - ☐ 3+ pairs wool socks
  - ☐ Long sleeve shirt
  - ☐ Jacket or sweater (fleece/wool preferred)
  - ☐ Long pants (not jeans; “quick dry” preferred)
  - ☐ Rain jacket and rain pants
  - ☐ Gloves
  - ☐ Fleece or wool cap
  - ☐ 2 water bottles (wide mouth, plastic, and at least 32 oz; no water bottles with attached straws, please)
  - ☐ Compact sleeping bag
  - ☐ Sleeping pad (provided if needed)
  - ☐ Small dry bags for gear (not bigger than 10L; provided if needed)
  - ☐ Backpacking pack (provided if needed)
  - ☐ Chapstick (with sunscreen!)
  - ☐ A hat or other head covering (i.e. bandana) to aid in tick prevention on trail
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## Item Drop-Off & Lost & Found

**Item Drop-Off** Forgotten items may be dropped off at the dining hall or mailed to camp in a package addressed to your camper.

If dropping off, please let us know in advance. When you arrive, please do not walk into camp. Park outside the Dining Hall and call the camp office at (262) 642-5455; someone will come pick the item(s) up from you. Please make sure all items are labelled with the camper's name.

In some situations, camp will have a supply of items in stock that we can give to your camper to ensure they have what they need for their time at camp (i.e. toothpaste, bug spray, sunscreen).

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**Lost & Found** Help us keep track of your campers' belongings by labeling all personal items with their first and last names. Camp staff will do their best to reunite owners with their belongings daily.

When you pick your camper up at the end of the session, you will be able to view any lost and found items. Unclaimed lost and found items will be brought to GSGCNWI Gathering Places at the end of the camp season and held until October 1. Contact the camp director to arrange for item pick up from a Gathering Place.

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