



Ambassador Dinner Party Badge How-To Guide

For Girls in Grades 11-12



ADULT HOW-TO GUIDE

INTRO

Welcome to our How-To Guide for Adults for the Ambassador Dinner Party badge. Through this guide you will help your Girl Scout host her very own dinner party! Work with your Girl Scout through these activities to create a menu, shop (in the pantry!), and host her own dinner party for friends and family.

GROCERY GAMES

For this activity, have your Girl Scout pretend she has a limited amount of time to plan a menu and make her shopping list. Set the clock for 10 minutes and instruct the girl to figure out what she wants to serve at her dinner party. Tell her the menu must have at least 3 courses (soup/salad, main dish, dessert). Ensure she only has 10 minutes to figure this out – can she do it? Only resort to using the internet for recipe options if she needs to. Have her use resources wisely (like asking family or friends) to figure out recipes first!

Once she's got her menu set, reset the clock for 10 minutes – it's time for her to make her shopping list! She will use the 10 minutes to create her full shopping list based on the recipes she plans to serve at her dinner party. Remind your Girl Scout to not forget spices, or other ingredients that might not be obvious.

Badge Requirement: Create your menu



Supplies Needed

- Timer
- Paper
- Pen/pencil
- Computer with internet (if needed)

Time to Complete

- 20 minutes

SUPERMARKET SWEEPS

Now that she's got her menu set and the shopping list prepared, it's time to shop! If she has access to a grocery store or market, it's time to head out. As a challenge, try having your Girl Scout shop your home pantry for the ingredients she'll need. See if she can find everything at home so she doesn't require a trip to the store!

*You can remind your Girl Scout that if shopping her home pantry she may need to change up a recipe or two to accommodate what she already has at home. Cooking is fun because you can change your mind and try different things at any point!

Badge Requirement: Make a budget and shopping list



Supplies Needed

- Shopping list
- Reusable shopping bags
- Money (if going to the store)

Time to Complete

- 15 minutes

RECIPE FOR SUCCESS

Once your Girl Scout has her recipe and ingredients ready it's time for her to get cooking. But wait! Kitchen preparation is important before she starts cooking. This will help her to save time later, so have your girl figure out how to best prepare her three recipes. Let her know that preparing ingredients, measurements, and readying pots and pans will help her be more efficient in the kitchen.

Here are two tips for your Girl Scout to keep in mind:

- 1) Read through the entire recipe, twice. Ensuring she knows all the steps before she begins will help the cooking process go more smoothly.
- 2) As she reads through the recipe, make a checklist of equipment and ingredients and how much time each step will take.

By knowing how much time each step of the recipes will take, she will set herself up for a successful dinner party! She wouldn't want the main dish to be finished 20 minutes before the salad, right? Timing things to be finished around the same time will ensure a well-rounded (and hot) meal for her guests.



Supplies Needed

- Recipe
- Various kitchen utensils/pots/pans
- Pen/pencil

Time to Complete

- 20 minutes

Badge Requirement: Practice timing your courses

ARE YOU PREPARED?

If your Girl Scout is into design or aesthetic, this activity is will be super fun for her! Has she ever heard the saying “you eat with your eyes first?” Well it’s true! One thing for your girl to remember when making her meal is how she is going to prepare the plate and add special touches her guest will see before they eat.

Here’s some things she can try out:

Does the plate need a garnish to make it look more festive? A garnish is something chefs add to a plate, like an edible flower, or fresh cut parsley, to make it look polished, add brightness, and feel complete.

How about an elegant table setting? Remember that eating with your eyes first doesn’t necessarily just mean what’s on the plate -- her whole table should look presentable and welcoming to the eyes.

Have your Girl Scout try this out: Consider different ways of plating or serving her food. Instead of mixing the salad and dressing together, serve a composed salad with dressing on the side for her guests to drizzle themselves. Or, if she’s serving crudité (the fancy word for raw veggies and dip), serve it on a wooden board with an array of cheese and crackers too.



Supplies Needed

- TBD based on your recipes

Time to Complete

- 15 minutes

Badge Requirement: Explore ways to prepare your food

“GUESS WHO’S COMING TO DINNER?”

Now that your Girl Scout has picked out recipes, shopped for ingredients, prepared the food and added some style to the table, it’s time for her to get cooking and host the dinner party. Be sure she follows the recipes and her plan.

For some added fun, when your Girl Scout invites her guests over, have her ask them to bring a copy of their own favorite recipe to share. If each person brings one recipe, she’ll have a whole new list of things to cook for the next dinner party!

Have your Girl Scout try this: Make the dinner party virtual! Host the dinner party with friends and family on video chat sites and apps then have them share their recipe online.

Don’t forget to make the table (or eating area) look inviting to guests as well! A pretty table goes a long way – and as a bonus it’s more fun to post a pretty table on social media.



Supplies Needed

- Ingredients
- Recipes
- Pots/pans
- Kitchen utensils
- Apron
- Kitchen space

Time to Complete

- 45+ minutes

Badge Requirement: Host your party



ONCE YOUR GIRL SCOUT COMPLETES THESE ACTIVITIES, THEY HAVE EARNED THE DINNER PARTY BADGE!

Badges can be purchased at shopgirlscouts.com



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