

SuperHERo



Every girl has a superhero inside of her. Let's discover yours!

List of 5-10 thing I like or am good at . . .

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

How could one (or more) of these things become the source of your superpower? See sample superpower sheet for ideas.

Sample Superpowers

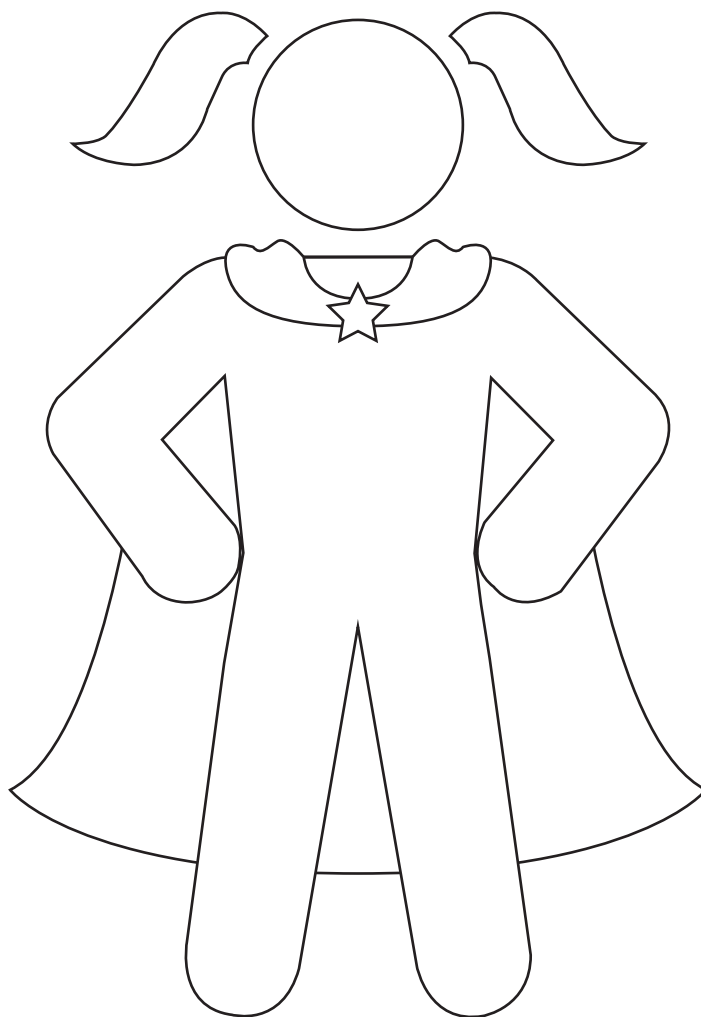
Thing I like or am good at . . .	How it became a superpower . . .
I like a talking to my friends	<p>Reading people’s minds (telepathy) You communicate so well with other people that you learned to read their minds.</p>
I like writing	<p>Making books come alive You wrote in a journal to help manage your feelings and now you can bring any book to life.</p>
I like books	<p>Knowing everything (being omniscient) You read so many books you learned about everything in the whole world.</p>
I like sports	<p>Super strength You got so much exercise playing sports your muscles became super strong.</p>
I like relaxing	<p>Flying/Floating You emptied your mind so completely by meditating that now you float above the ground with nothing weighing you down.</p>
I like seeing new places	<p>Teleportation You pictured places that make you feel happy and peaceful so clearly that now you can travel there with the power of your mind.</p>
I like making new friends	<p>Helping people make friends Other people trust you so much that you can help them make friends or fall in love.</p>

SuperHERo

My Superpower Comes From: _____

My Superhero Name: _____

Eye Color: _____ Hair Color: _____ Height: _____



My super power is _____.

I got it by _____.

_____.

SuperHERo

My Superpower Comes From: _____

My Superhero Name: _____

Eye Color: _____ Hair Color: _____ Height: _____



My super power is _____.

I got it by _____.

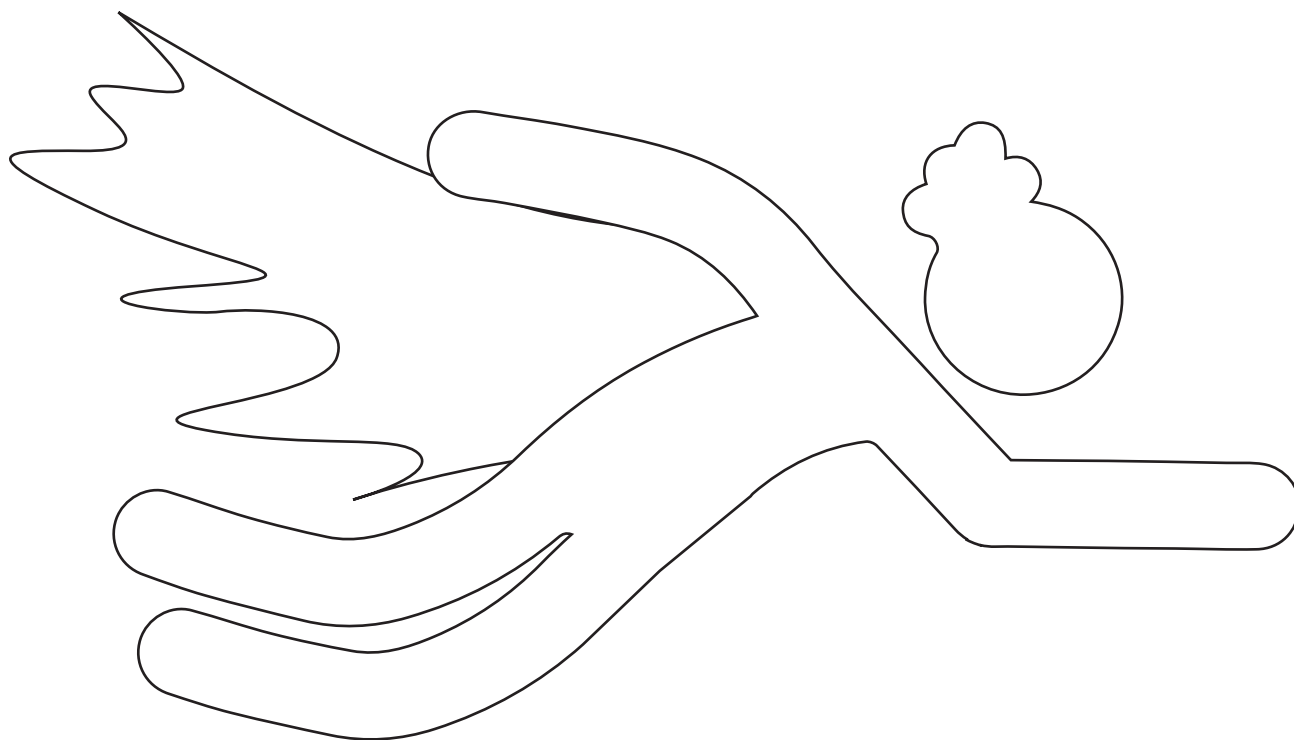
_____.

SuperHERo

My Superpower Comes From: _____

My Superhero Name: _____

Eye Color: _____ Hair Color: _____ Height: _____



My super power is _____.

I got it by _____.

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SuperHERo



My Superpower Comes From: _____

My Superhero Name: _____

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My super power is _____.

I got it by _____

_____.