

SuperHERo



Every girl has a superhero inside of her. Let's discover yours!

List of 5-10 thing I like or am good at . . .

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

How could one (or more) of these things become the source of your superpower? See sample superpower sheet for ideas.

Sample Superpowers

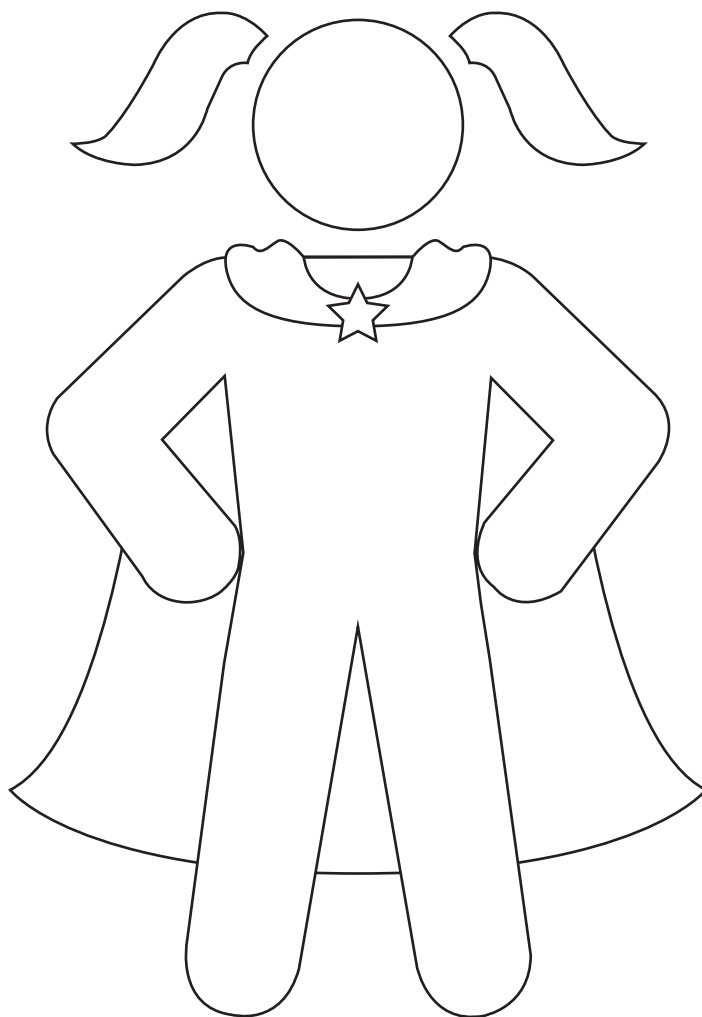
Thing I like or am good at . . .	How it became a superpower . . .
I like talking to my friends	Reading people's minds (telepathy) You communicate so well with other people that you learned to read their minds.
I like writing	Making books come alive You wrote in a journal to help manage your feelings and now you can bring any book to life.
I like books	Knowing everything (being omniscient) You read so many books you learned about everything in the whole world.
I like sports	Super strength You got so much exercise playing sports your muscles became super strong.
I like relaxing	Flying/Floating You emptied your mind so completely by meditating that now you float above the ground with nothing weighing you down.
I like seeing new places	Teleportation You pictured places that make you feel happy and peaceful so clearly that now you can travel there with the power of your mind.
I like making new friends	Helping people make friends Other people trust you so much that you can help them make friends or fall in love.

SuperHERo

My Superpower Comes From: _____

My Superhero Name: _____

Eye Color: _____ Hair Color: _____ Height: _____



My super power is _____.

I got it by _____

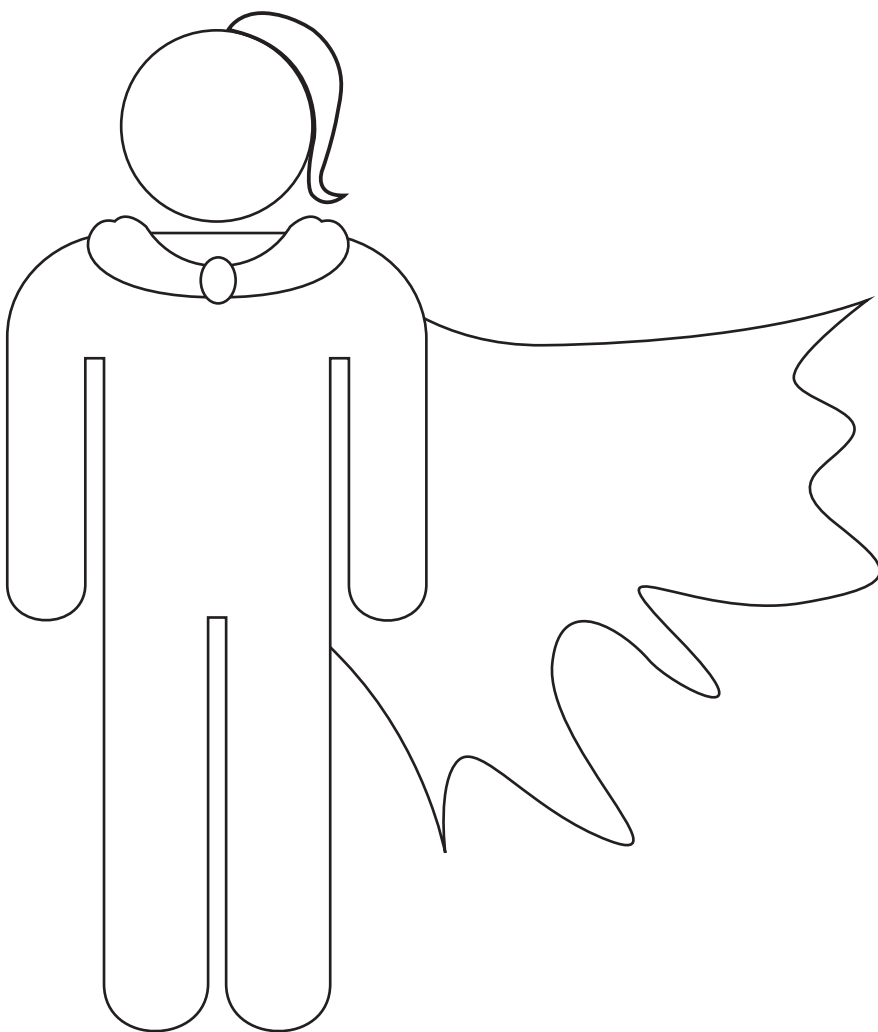
_____.

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My Superpower Comes From: _____

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Eye Color: _____ Hair Color: _____ Height: _____



My super power is _____.

I got it by _____.

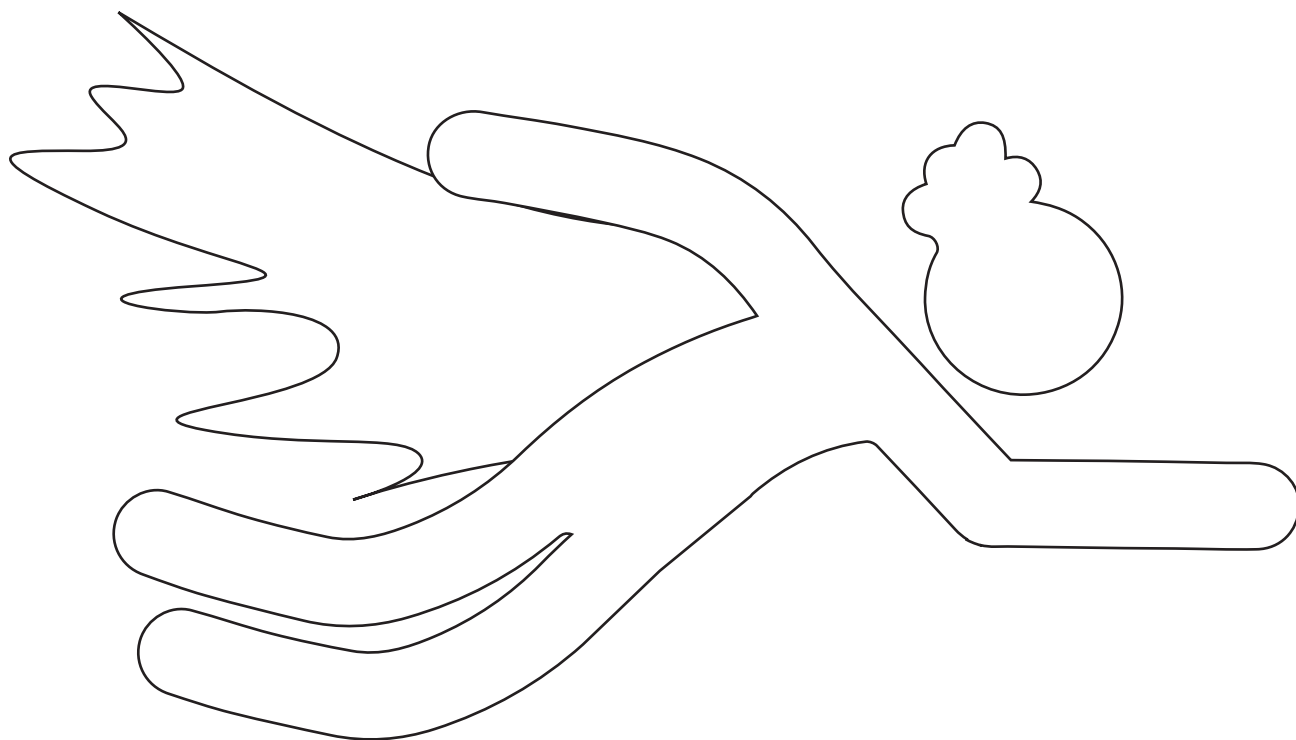
_____.

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My Superpower Comes From: _____

My Superhero Name: _____

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My super power is _____.

I got it by _____

_____.