



College Knowledge

ACTIVITY BOOK

For Girls in Grades 11–12



You will need a computer with internet access to complete this activity book.



BADGE REQUIREMENTS

Badge Requirements:

1. Explore your post-graduation options
2. Start the admissions process
3. Make a financial plan
4. Get set for success
5. Build healthy habits

Work through these activities to assist you in earning your College Knowledge badge! Join us on May 1 for an interactive webinar to work through a few activities with other Girl Scouts. Once you complete all these steps, you'll have earned your College Knowledge badge!

You can purchase the College Knowledge badge at www.shopgirlscouts.com.



ACTIVITY 1

What Comes Next?

The first step to figuring out your post high school plan is to know your options. You are going to take the first step by researching colleges, vocational, and trade schools online.

You should research a minimum of five schools for each category below. We encourage you to find schools from both the state you live in and other states to see what's out there.

Colleges:

- 1.
- 2.
- 3.
- 4.
- 5.

Trade Schools:

- 1.
- 2.
- 3.
- 4.
- 5.

Vocational Schools:

- 1.
- 2.
- 3.
- 4.
- 5.

Now, using websites like www.bigfuture.com, see if you can find answers to these questions about colleges:

1. What is the cost difference between in-state vs. out of state tuition?
2. When are most application deadlines?
3. What is the average cost for room and board?
4. What kinds of clubs/groups/sports does each college have?
5. What other interesting facts did you find about certain schools?

What's important to remember when exploring your post-high school options is that all schools are different. It takes a lot of research to find out what will work best for you.



Badge Requirement 1



ACTIVITY 2

Tell Your Story

Now let's figure out what makes you, you! You'll need a piece of paper and a writing utensil for this activity.

Fold the paper to make eight sections. Inside each of the eight boxes, write one word that describes you as a person. Once you have all eight boxes filled with words that describe you, write 1-2 examples in each box. See the example below for inspiration!

Daughter <ul style="list-style-type: none">• I am the only daughter (and only child) in my family• I want to be someone who makes my parents proud	Friend <ul style="list-style-type: none">• I give my time to my friends in need• I dedicate my energy to staying connected to my friends	Dancer <ul style="list-style-type: none">• I am a dance fitness instructor• I am a national champion ballroom and Latin dancer	Influence <ul style="list-style-type: none">• Working with girls allows me to be a positive influence• I positively influence my younger family members and friends
Designer <ul style="list-style-type: none">• I have a passion for interior design and am a former three-time state champion• I share my passion by assisting friends and family with designs	Leader <ul style="list-style-type: none">• I am a leader in my community• I encourage and motivate older Girl Scouts to earn their highest awards	Caregiver <ul style="list-style-type: none">• I took care of my dad when he went through cancer treatments• I am there for others in times of need	Traveler <ul style="list-style-type: none">• I love creating opportunities to explore the world.• I engage in new cultures and experiences to expand my mind

Now that you're done, you have 16+ ideas of what you could write in a future personal story admissions essay.

For additional practice, choose your favorite inspiration from above and tell your story to a family member. Ask for feedback when you're done to perfect your story.



Badge Requirement 2



ACTIVITY 3

Finding the Money

Yes, college or other post-high school opportunities cost money. But the great news is that you can find lots of scholarships, grants or loans by searching a variety of websites.

Start with FAFSA: <https://studentaid.gov/>.

What does FAFSA stand for?

Now for some fun!

Since there are so many scholarships available to students, you are going to find the strangest ones you can.

Doing a simple internet search for “unique college scholarships” will bring up a lot of results. What are the three most unique scholarships you can find?

- 1.
- 2.
- 3.

Did you know that there is a scholarship for making the most unique peanut butter and jelly sandwich? How strange is that?



Badge Requirement 3



ACTIVITY 4

Habits for Success

Just like in middle school and high school, college or other post-high school opportunities come with stress or uncertainty. Check out these ways you can help manage your stress. It's all about learning what works for you, so feel free to test them all and see what you like best!

Make your own journal - <https://www.youtube.com/watch?v=yu4hEQf64GY>

1. Fold copy paper in half – as many sheets as you want to include (at least 10 total)
2. Choose a fun scrapbook paper or cardstock for the cover. Fold in half and cut to the size you prefer.
3. Open all pieces of paper and line them up with the cover.
4. Use brass closings at the top and bottom of the booklet you have created to hold it all together.

Yoga – <https://www.youtube.com/watch?v=0xbCfTHz3mU>

Meditation – <https://www.youtube.com/watch?v=iebciuBXCh4>

Dance it out – <https://www.youtube.com/watch?v=TmzgZoY701A>



Badge Requirement 4



ACTIVITY 5

Honor Code

To complete your final activity for the College Knowledge badge, it's time to figure out the rules that colleges have in place to ensure you receive the best education possible.

As a Girl Scout, you know all about being 'honest and fair' as it's part of the girl scout law. But did you know colleges and universities have the same rules? Academic Honor Codes are colleges' ways of holding students to a highest standard.

What do you think would be included in an honor code? Write it below:

Now that you have your ideas, research the honor code for one of the colleges or universities you researched in activity one. Write the code below:

How is the actual honor code similar or different from what you brainstormed?



Badge Requirement 5



CONGRATS!!!
YOU COMPLETED YOUR
COLLEGE KNOWLEDGE BADGE!

To purchase the College Knowledge badge visit **shopgirlscouts.com**



NOT A GIRL SCOUT?
NOT A PROBLEM!
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