

Real Cocoa

adventurefuls™

Nutrition Facts
About 7 servings per container
Serving size 2 cookies (24g)

Amount per serving	
Calories	120
	% Daily Value*
Total Fat 6g	7%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 80mg	4%
Total Carbohydrate 16g	6%
Dietary Fiber 1g	3%
Total Sugars 9g	
Includes 9g Added Sugars	18%
Protein 1g	
Vit. D 0mg 0%	Calcium 10mg 0%
Iron 1.2mg 6%	Potas. 60mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID, VITAMIN E [TOCOPHEROL], PAINL AND PALM KERNEL), COCOA PROCESSED WITH ALKALI, SEMISWEET CHOCOLATE (SUGAR, CHOCOLATE, COCOA BUTTER, SOY LECITHIN, VANILLA EXTRACT), CONTAINS 2% OR LESS OF COCOA, NONFAT MILK, MILK, SALT, SOY LECITHIN, BAKING SODA, NATURAL AND ARTIFICIAL FLAVORS, PAPAIN EXTRACT (COLOR).

CONTAINS WHEAT, SOY AND MILK INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS & EGGS.

Naturally Flavored with Other Natural Flavors

lemon-ups™

Nutrition Facts
About 6 servings per container
Serving size 2 cookies (29g)

Amount per serving	
Calories	140
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 2g	10%
Trans Fat 0g	
Polysaturated Fat 2g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 20g	7%
Dietary Fiber 0g	0%
Total Sugars 7g	
Includes 7g Added Sugars	14%
Protein 1g	
Vit. D 0mg 0%	Calcium 0mg 0%
Iron 0.7mg 4%	Potas. 10mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID, VITAMIN E [TOCOPHEROL], PAINL AND PALM OIL), SUGAR, SODIUM AND PALM OIL, CONTAINS 2% OR LESS OF NATURAL FLAVORS, SALT, LEAVENING BAKING SODA, SODIUM AND PHOSPHATE, AMARANTH EXTRACT (COLOR), SOY LECITHIN, CITRIC ACID, WHEY PROTEIN CONCENTRATE, PROPYLENE GLYCOL, ALUMINA, FRUCTOSE, MALIC ACID.

CONTAINS WHEAT, SOY AND MILK INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS AND EGGS.

No Artificial Colors

trefoils™

Nutrition Facts
About 8 servings per container
Serving size 5 cookies (32g)

Amount per serving	
Calories	160
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Polysaturated Fat 2.5g	
Monounsaturated Fat 2g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 7g	
Includes 6g Added Sugars	12%
Protein 2g	
Vit. D 0mg 0%	Calcium 5mg 0%
Iron 1mg 4%	Potas. 35mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID, SODIUM AND PALM OIL, SUGAR, CONTAINS 2% OR LESS OF BROWN SUGAR, SUGAR, MELANOIDIZED, SWEETENED CONDENSED MILK, MILK, SUGAR, BUTTERMILK, SALT, NATURAL AND ARTIFICIAL FLAVORS, BAKING SODA, SOY LECITHIN.

CONTAINS WHEAT, MILK AND SOY INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS & EGGS.

Real Peanut Butter and Hearty Whole Grain Oats

do-si-dos™

Nutrition Facts
About 6 servings per container
Serving size 3 cookies (34g)

Amount per serving	
Calories	160
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 2g	10%
Trans Fat 0g	
Polysaturated Fat 2.5g	
Monounsaturated Fat 2.5g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 22g	8%
Dietary Fiber 1g	4%
Total Sugars 11g	
Includes 10g Added Sugars	20%
Protein 3g	
Vit. D 0mg 0%	Calcium 15mg 0%
Iron 0.8mg 4%	Potas. 70mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SUGAR, VESTIBLE OIL, PALM KERNEL, PALM AND SYRUP OIL, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), CORN CRISP, COCOA, SWEETENED CONDENSED MILK, MILK, SUGAR, CONTAINS 2% OR LESS OF SORBOLIT, COCOA, GLYCERIN, BAKING SODA, MONOCALCIUM PHOSPHATE, NATURAL AND ARTIFICIAL FLAVORS, SOY LECITHIN.

CONTAINS WHEAT, PEANUT, MILK AND SOY INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS & EGGS.

Real Cocoa and Real Coconut

samoas™

Nutrition Facts
About 7 servings per container
Serving size 2 cookies (29g)

Amount per serving	
Calories	150
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 6g	30%
Trans Fat 0g	
Polysaturated Fat 1g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 60mg	3%
Total Carbohydrate 18g	7%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 10g Added Sugars	20%
Protein 1g	
Vit. D 0mg 0%	Calcium 10mg 0%
Iron 0.6mg 2%	Potas. 45mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SUGAR, VESTIBLE OIL, PALM KERNEL, PALM AND SYRUP OIL, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), CORN CRISP, COCOA, SWEETENED CONDENSED MILK, MILK, SUGAR, COCOA PROCESSED WITH ALKALI, CORNSTARCH, SALT, CARAMEL COLOR, DEHYDRATED, NATURAL AND ARTIFICIAL FLAVORS, SOY LECITHIN, SORBETAN TRIESTERATE, LEAVENING BAKING SODA, MONOCALCIUM PHOSPHATE, CARAMEL COLOR.

CONTAINS WHEAT, COCONUT, MILK AND SOY INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS & EGGS.

Real Cocoa and Real Peanut Butter

tagalongs™

Nutrition Facts
About 7 servings per container
Serving size 2 cookies (25g)

Amount per serving	
Calories	140
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 4g	20%
Trans Fat 0g	
Polysaturated Fat 0g	
Monounsaturated Fat 2.5g	
Cholesterol 0mg	0%
Sodium 80mg	3%
Total Carbohydrate 13g	5%
Dietary Fiber 1g	4%
Total Sugars 8g	
Includes 7g Added Sugars	14%
Protein 3g	
Vit. D 0mg 0%	Calcium 0mg 0%
Iron 0.7mg 2%	Potas. 60mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PEANUT BUTTER, PEANUTS, SUGAR, HYDROGENATED PALM OIL, SALT, SUGAR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), CORN CRISP, COCOA, SWEETENED CONDENSED MILK, MILK, SUGAR, COCOA PROCESSED WITH ALKALI, CORNSTARCH, SALT, CARAMEL COLOR, DEHYDRATED, NATURAL AND ARTIFICIAL FLAVORS, SOY LECITHIN, SORBETAN TRIESTERATE, LEAVENING BAKING SODA, MONOCALCIUM PHOSPHATE, NATURAL AND ARTIFICIAL FLAVORS, WHEY, PARTIALLY DEHYDRATED PEANUT FLOUR.

CONTAINS PEANUT, WHEAT, SOY AND MILK INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS & EGGS.

Made with Vegan Ingredients and Real Cocoa

thin mints™

Nutrition Facts
About 8 servings per container
Serving size 4 cookies (31g)

Amount per serving	
Calories	160
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 5g	25%
Trans Fat 0g	
Polysaturated Fat 1g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 120mg	5%
Total Carbohydrate 21g	8%
Dietary Fiber <1g	3%
Total Sugars 10g	
Includes 9g Added Sugars	18%
Protein 2g	
Vit. D 0mg 0%	Calcium 10mg 0%
Iron 1.2mg 6%	Potas. 40mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SUGAR, VESTIBLE OIL, PALM KERNEL, PALM AND SYRUP OIL, COCOA, CONTAINS 2% OR LESS OF BROWN SUGAR, SUGAR, MELANOIDIZED, SWEETENED CONDENSED MILK, MILK, SUGAR, BUTTERMILK, SALT, NATURAL AND ARTIFICIAL FLAVORS, BAKING SODA, MONOCALCIUM PHOSPHATE, NATURAL AND ARTIFICIAL FLAVORS, OIL OF PEPPERMINT.

CONTAINS WHEAT AND SOY INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS, MILK & EGGS.
MADE WITH VEGETARIAN INGREDIENTS.
NON-VEGAN INGREDIENTS.

Made with Natural Flavors and Real Cocoa

girl scout s'mores™

Nutrition Facts
About 8 servings per container
Serving size 2 cookies (31g)

Amount per serving	
Calories	150
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Polysaturated Fat 0.5g	
Monounsaturated Fat 2.5g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 21g	8%
Dietary Fiber 1g	5%
Total Sugars 10g	
Includes 10g Added Sugars	20%
Protein 2g	
Vit. D 0mg 0%	Calcium 0mg 0%
Iron 0.8mg 4%	Potas. 50mg 0%

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INGREDIENTS: GRANULAR FLOUR, SUGAR, PALM OIL, WHEAT FLOUR, CORN STARCH, COCOA, CONTAINS 2% OR LESS OF BROWN SUGAR, CHOCOLATE, MALTODEXTRIN, SALT, NATURAL FLAVORS, BAKING SODA, COCOA PROCESSED WITH ALKALI, SOY LECITHIN, WHEY.

CONTAINS WHEAT, SOY AND MILK INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS & EGGS.

Gluten-Free and have No Artificial Flavors

toffee-tastic™
GLUTEN-FREE

Nutrition Facts
About 7 servings per container
Serving size 2 cookies (28g)

Amount per serving	
Calories	140
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 4g	20%
Trans Fat 0g	
Polysaturated Fat 0.5g	
Monounsaturated Fat 2.5g	
Cholesterol 10mg	3%
Sodium 90mg	4%
Total Carbohydrate 19g	7%
Dietary Fiber 0g	0%
Total Sugars 7g	
Includes 7g Added Sugars	14%
Protein <1g	
Vit. D 0mg 0%	Calcium 0mg 0%
Iron 0.1mg 0%	Potas. 5mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: RICE FLOUR, WHEYA STARCH, SUGAR, BUTTER (CREAM, SALT), PALM OIL, BROWN RICE FLOUR, BUTTER TOFFEE BITS (SUGAR, BUTTER, COCONUT, SALT), CORN CRISP, SOY LECITHIN, SALT, BAKING SODA, CONTAINS 2% OR LESS OF SALT, SOY LECITHIN, VANILLA GUM, BAKING SODA.

CONTAINS MILK AND SOY INGREDIENTS.
MANUFACTURED IN A SHARED FACILITY WITH PEANUTS, TREE NUTS, WHEAT & EGGS.

All of our cookies have:

- NO High-Fructose Corn Syrup
- NO Partially Hydrogenated Oils (PHOs)
- Zero Grams Trans Fat per Serving
- RSPO Certified (Mass Balance) Palm Oil
- Halal Certification



Although the use of palm oil in Little Brownie Bakers' Girl Scout Cookies™ is limited, the palm oil used in our Girl Scout products is Certified Mass Balance palm oil. The Mass Balance System ensures that the palm oil Little Brownie Bakers uses contributes to the production of environmentally responsible, socially beneficial and economically viable palm oil. For more information please visit the Little Brownie Bakers website.

Product formulations can change at any time. We encourage you to check the ingredient statement on each package you purchase for the most up-to-date information on the ingredients contained in that package. Percent daily values are based on a diet of 2,000 calories. Your daily values may be higher or lower than on your calorie needs.

Safety Tips

- Be sure to follow all guidelines for safe selling at girlscoutcookies.org/troopleaders.
- Wear a Girl Scout membership pin, uniform or Girl Scout clothing (e.g. a Girl Scout T-Shirt) to clearly identify yourself as a Girl Scout.
 - Always use the buddy system. It's not just safe, it's fun.
 - Become familiar with the areas and neighborhoods where you will be

selling Girl Scout products. Contact your local police department if you're unsure about an area or neighborhood.

- Adults must accompany Girl Scout Daisies, Brownies and Juniors when they are taking orders, selling or delivering product. Girls in grades 6-12 must be supervised by an adult when selling door-to-door and must never sell alone. Adults must be present at all times during cookie booth sales.

- Be prepared for emergencies, and always have a plan for safeguarding money.
- Never enter the home or vehicle of a person when you are selling or making deliveries. Avoid selling to people in vehicles, except at designated drive-thru cookie booths, and avoid going into alleys.
- Sell only during daylight hours, unless accompanied by an adult.

- Girls' names, home addresses or email addresses should never be given out to customers. Protect customer privacy by not sharing their information except as necessary for the product sale.
- Always follow safe pedestrian practices, especially when crossing at intersections or walking along roadways. Be aware of traffic when unloading product and passengers from vehicles.

- Girls must have their parent's/guardian's permission to participate in all online activities, and must read and agree to the GSUSA Internet Safety Pledge before conducting any online activities. Additionally, in order to participate in Digital Cookie girls must read and abide by the Girl Scout Digital Cookie Pledge and parents/guardians must read and abide by the Digital Cookie Terms and Conditions for Parents/Guardians.

For more info visit LittleBrownie.com