

**QSP**

ASHDON FARMS™

Leap Ahead

**2019  
Fall Product  
Program  
Rally Guide**



# 2019 Fall Product Program Rally Overview

QSP and Ashdon Farms are excited to offer Councils, service units and troops the opportunity to host Fall Product Program (FPP) Rallies. As with other rallies, a FPP Rally at the Council, service unit, or troop level will not only be a fun learning experience for the girls, but it will also motivate them to take action toward a successful FPP. Those who offered FPP Rallies last year considered them a success with solid attendance and great feedback.

You and your leaders are the best ones to determine what is most effective for motivating the girls, so there's plenty of room for creativity and flexibility. Whatever type of rally you decide to host, whether grand or simple, it's sure to inspire your Girl Scouts to engage in the FPP even more than they did last year!

The theme for this year's FPP is "Leap Ahead...Create Your Path" At the FPP Rally, girls will participate in fun hands-on activities to learn about the nut and chocolate offerings, goal setting, leadership and other theme related activities.

## **Rally Planning**

The purpose of this guide is to help you plan for a successful FPP Rally. It includes preparation considerations, suggested rally procedures, and even Success Station ideas. Feel free to use the Success Station ideas exactly as they are, modify them for your rally, or create new station ideas of your own!

# Preparation: Preparing for Success

## **Select a location, date, and time for the Fall Product Program (FPP) Rally**

### **Get the word out!**

- Communicate the FPP Rally details to the troop leaders and volunteers
- Invite the girls and their parents/guardians  
Optional: As a fun activity, ask the girls to help make invitations
- Advertise the FPP Rally (e.g., Service Unit newsletter, troop newsletter, website etc.)

### **Success Station Planning**

- Determine how many stations you will have, and which activity per Success Station
- Recruit and prepare adults and older Girl Scouts to manage each Success Station  
(Make sure an adult is present at each station during the rally)
- Reserve tables according to station requirements as well as other table requirements  
(e.g., refreshments)
- Gather supplies needed for each Success Station
- Secure method for signaling the girls to move on to the next station (e.g., horn, whistle, bell)

# Preparation: Preparing for Success (Cont'd.)

## Set-up Considerations

### **Decoration ideas:**

Use images of girls working as a team

### **Music:**

Music is a powerful tool for setting a positive tone at any event. We encourage you to have upbeat music playing throughout the duration of the rally. (Note: If you have any Success Stations that require music, be sure to have the rally music at a volume that won't interfere with the station.)

### **Refreshments (optional):**

If you choose to provide refreshments, be sure to ask the parents/guardians about any food allergies before the rally.

# Suggested Rally Order and Procedures

## Welcome

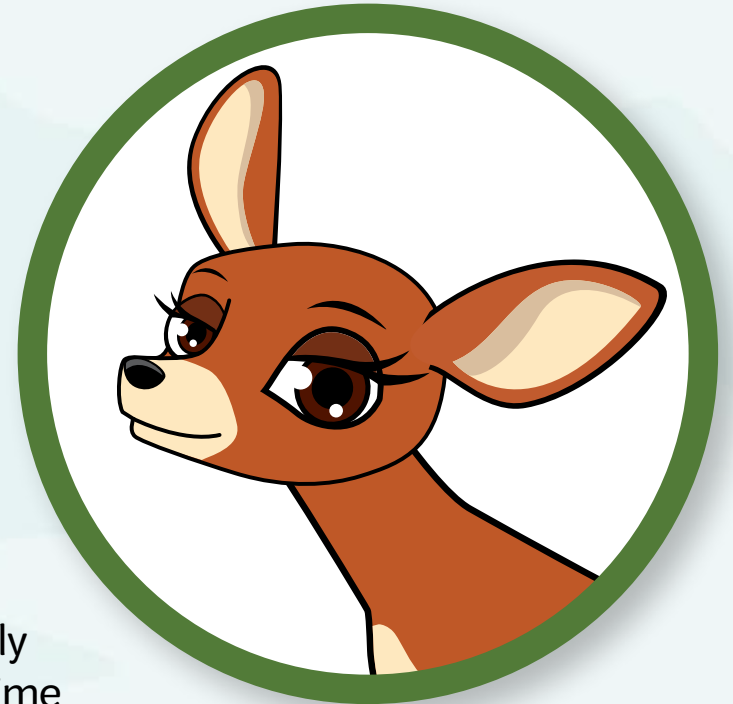
Start the event with the rally leader thanking the girls and their parents/guardians for joining this exciting Fall Product Program (FPP) Rally, sharing why the FPP is important, and providing examples of some of the skills and values that they'll learn here at the rally

## Procedure Overview

Explain that the girls will be divided into manageable groups. Each group will rotate from station to station with approximately 10 min at each station or whatever time is designated. When time is up, you will signal that it's time to change stations. (To divide the girls into groups, they can number off or draw numbers from a hat, etc.)

## Closing Comments

Let girls and their parents/guardians know whom to contact if they have any questions. Wish everyone a fun time as they discover how they can "Leap Ahead...Create Your Path"



# Success Station #1

## First Things First

This station helps girls identify steps in the decision making process.

### Supplies Needed

- Pictures of girls (provided in appendix)
- Four poster boards

### Simple Preparation

- Print pictures of girls (appendix).
- Write the numbers 1, 2, and 3 at the top of each of three poster boards. You can hang them on a wall, lay them on a table, or put them any other place that's convenient and accessible to the girls.
- Write a question mark on the fourth board and keep it aside until the second part of the activity.

### Instructions

- Ask girls to put each group of pictures in order from one to three, reflecting actions that should happen in sequence for a successful result.
- Then ask them to remove the last picture in each group and talk about other outcomes.





## Success Station #2

# Where Do I Find It?

This station focuses on identifying where specific information is logically located in magazines.

### Supplies Needed

- Covers of ten magazines, some of which could carry information about deer and some of which probably would not have information about deer (Use those in the appendix or find your own.)
- Foam core boards
- Knife for cutting foam core
- Glue
- Marker
- Two small bean bags that are different colors

### Simple Preparation

- Print magazine covers (appendix)
- Glue the magazine covers to the foam core boards and cut a hole under each cover that's big enough for a bean bag to be tossed through.
- Set the foam core boards up in a way that will allow bean bags to be thrown through them without knocking them over.
- Write “yes” on one bean bag and “no” on the other.

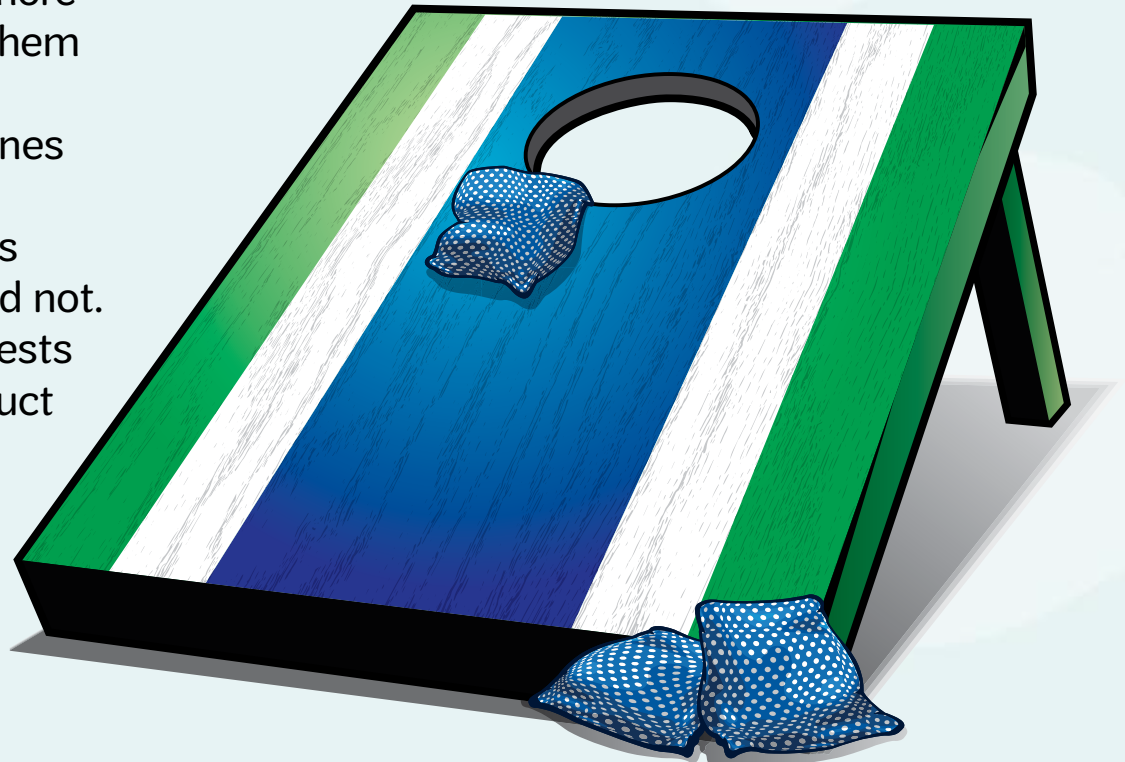


## Success Station #2

# Where Do I Find It?

### Instructions

- Split girls into two teams and ask them to decide as a team which magazines are more likely to have information about deer in them and, then, to take turns tossing the “yes” bean bag into the hole under the magazines they think would have information about deer and the “no” bean bag into the holes under the magazines that probably would not.
- Talk about how they can match the interests of their customers with the type of product the customers want by talking to the customer and by observing them.





## Success Station #3

# Buddy Hoop

This station will teach girls about teamwork.

### Supplies Needed

- One hoola hoop for every four to five participants (one might be enough if only four to five people do this at one time)
- Four cans of the same product all the same height (ie., nut/chocolate cans, soda cans etc.)
- Tape

### Simple Preparation

- Arrange the four cans of products on the ground at 12 o'clock, 3 o'clock, 6 o'clock, and 9 o'clock so that when a hoola hoop is lowered it will rest on these four points.
- Tape the cans to the floor so that they stay in position.

### Instructions

- Two girls rest a hula hoop on the top of one of their fingers and slowly lower it to the top of the four cans without tilting it. Try it again, adding a third person, then a fourth. Add a fifth if necessary.
- Let girls know they can encourage one another and talk about their strategy for keeping the hula hoop parallel to the ground and to the top of the cans the entire time.



## Success Station #4

# Get Your Bearings

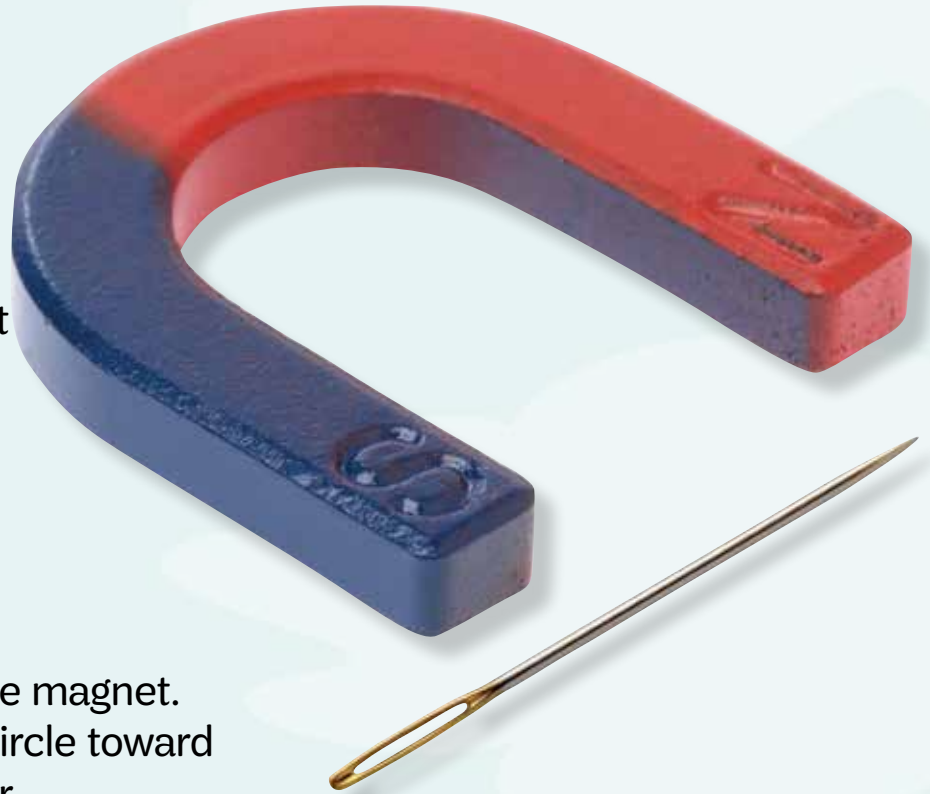
At this station, girls learn to make a compass and to locate the direction north.

### Supplies Needed

- Several magnets
- One two-inch needle for every participant
- One two-inch circle of paper for every participant
- Bowl of water

### Simple Preparation

- Rub one end of a needle 30 times in the same direction against one side of a magnet.
- Rub the other end of the same needle 30 times in the same direction against the other side of the magnet.
- Push the needle through one edge of the paper circle toward the other edge and then float it in a bowl of water.
- Using a compass (a smartphone compass app works nicely), determine which direction is north. The end of the needle pointing in that direction is north.
- Talk to girls about the meaning of the phrase “find your bearings”—knowing where you are relative to your surroundings.
- Ask girls to name something north, south, east, and west of where you are currently doing this activity.



## Success Station #5

# What's on My Head?

At this station, girls learn the difference between antlers and horns.

### Supplies Needed

- Pictures of animals (provided in appendix)
- Two shoe boxes
- Marker

### Simple Preparation

- Print pictures of animals (appendix).
- On the back of each picture write “antlers” or “horns,” depending on which animal it is.
- Label one shoe box “Antlers” and the other, “Horns.”

### Instructions

- As you pick up each picture and show it to the girls, ask them to shout out, “I have antlers!” or “I have horns!” Put that picture into the box with the label that gets the biggest response, even though it might not be right. Don't worry about wrong answers!
- Have the girls go through the boxes, look at the back of the pictures for the correct information, and sort the animals into the correct category.
- Talk about the difference between antlers, which regrow every year, and horns, which stay attached for life. Deer and their relatives sport antlers, but you'll find horns on antelopes, sheep, and goats, just like you will on cows.



## Success Station #6

# Animal Tracks

At this station, girls learn the difference about animal tracks.

### Supplies Needed

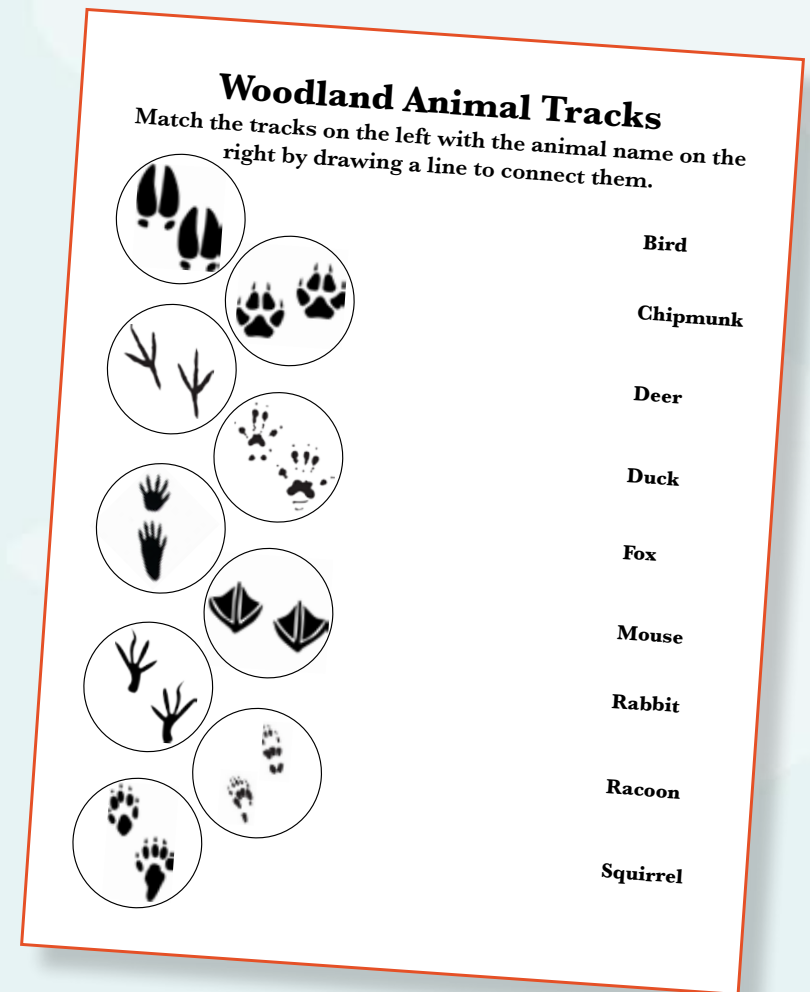
- Animal Tracks worksheet (provided in appendix)
- Pencil

### Simple Preparation

- Print Animal Tracks worksheet (appendix)
- Place pencils on table

### Instructions

- Match the tracks on the left with the animal name on the right by drawing a line to connect them.
- Ask girls to identify the track for this year's animal theme





# Success Station #7

## Way to Goal

At this station, girls will learn to set milestone goals.

### Supplies Needed

- Cut out images (provided in appendix)
- Yarn/Twine
- Markers
- Color Pencils
- Crayons
- Scissors
- Glitter (optional)

### Simple Preparation

- Print cut out images (appendix)
- Place supplies on table

### Instructions

- Ask girls to think about what goals they want to set for the upcoming Fall Product Program
- Cut out the images, color/decorate each image and fill in with each step to reach your goal
- Cut out the hole on top of each image and pull string through. You can have the images displayed horizontally or vertically.
- Hang it somewhere you can see it everyday as a reminder!



## Success Station #8

# Matching Game

At this station, girls will learn about the nut and chocolate offerings.

### Supplies Needed

- Nut/Chocolate images (provided in appendix)
- Scissors

### Simple Preparation

- Print images (appendix)
- Place supplies on table

### Instructions

- Split up girls into two teams (if possible)
- Have all of the Nut & Chocolate label images in one pile and product images in a separate pile
- Ask the girls to match the label to the correct product
- Time the activity and the team to match the most labels to the correct product wins!





## Success Station #9

# Acorn Relay

At this station, girls will work as a team.

### Supplies Needed

- Small Dixie cups
- Disposable Chopsticks
- Acorns

### Instructions

- Split up girls into two teams and have each team line up on each side of the table
- Give each girl a small dixie cup and a set of chopsticks
- Place one acorn in the cup of the first girl on each team
- On “go”, the girl can only use the chopstick to pick up the acorn and pass it to the next girl by putting the acorn in her cup and so on until the last girl in the line pulls out the acorn to win!
- To make it challenging, have the acorn make its way back to the first girl.



## Success Station #10

# Leaping Ahead

At this station, girls will work as a team.

### Supplies Needed

- Deer “tracks” (appendix)
- Construction paper
- Double sided tape

### Simple Preparation

- Print out deer tracks
- Place double sided tape and stick the tracks to construction paper and adhere to the ground in different directions (ie., forward, sideways, backwards etc.)

### Instructions

- Split up girls into two teams and have each team line up at the beginning of the tracks
- The goal is for the team to leap in the direction of the deer tracks as fast as they can
- First team to complete this first, wins!

Tip: Have girls remove their shoes to prevent tearing the deer tracks quickly.



# Appendix



(Success Station #1 – First Things First)



(Success Station #1 – First Things First Cont'd)



(Success Station #1 – First Things First Cont'd)

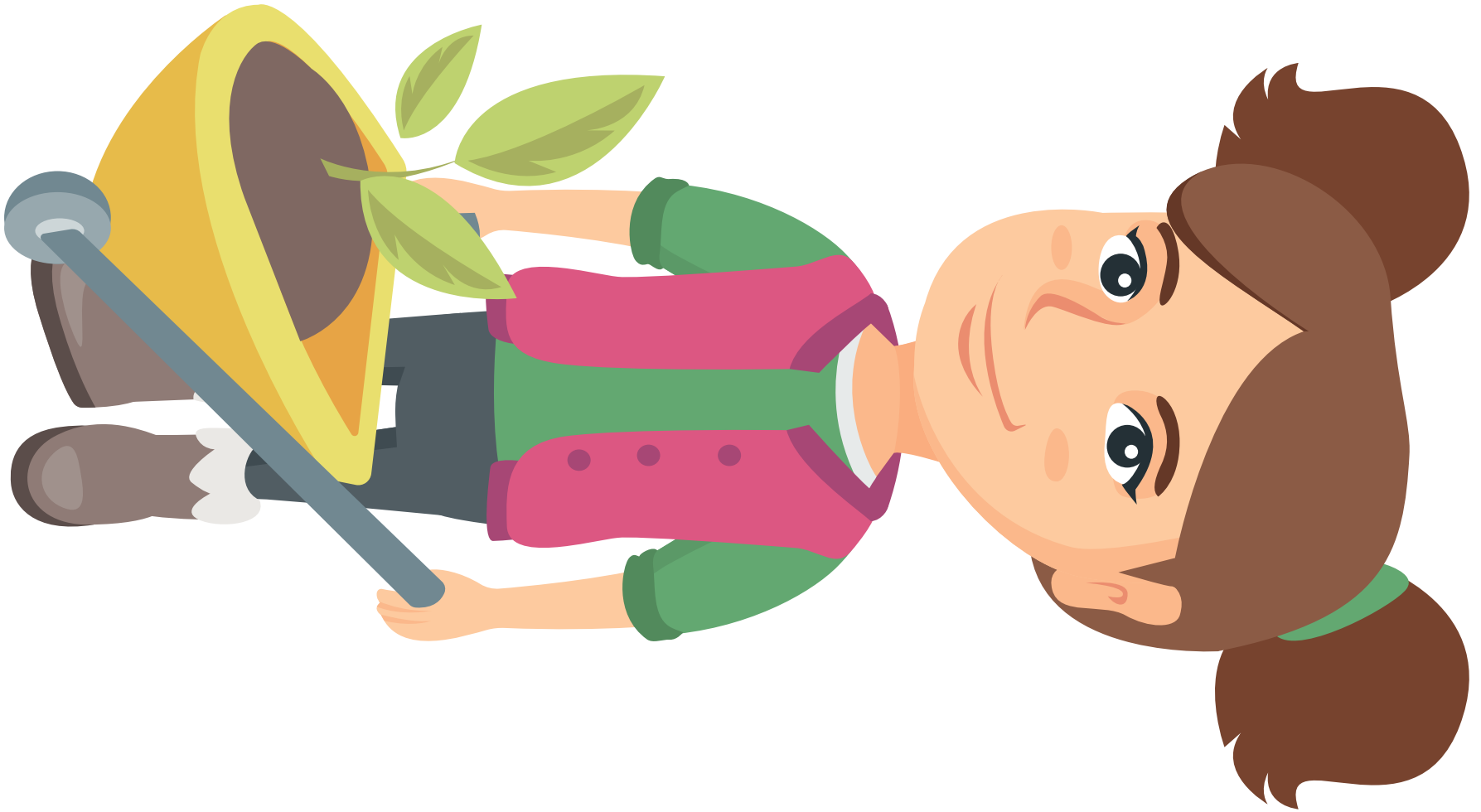




(Success Station #1 – First Things First Cont'd)



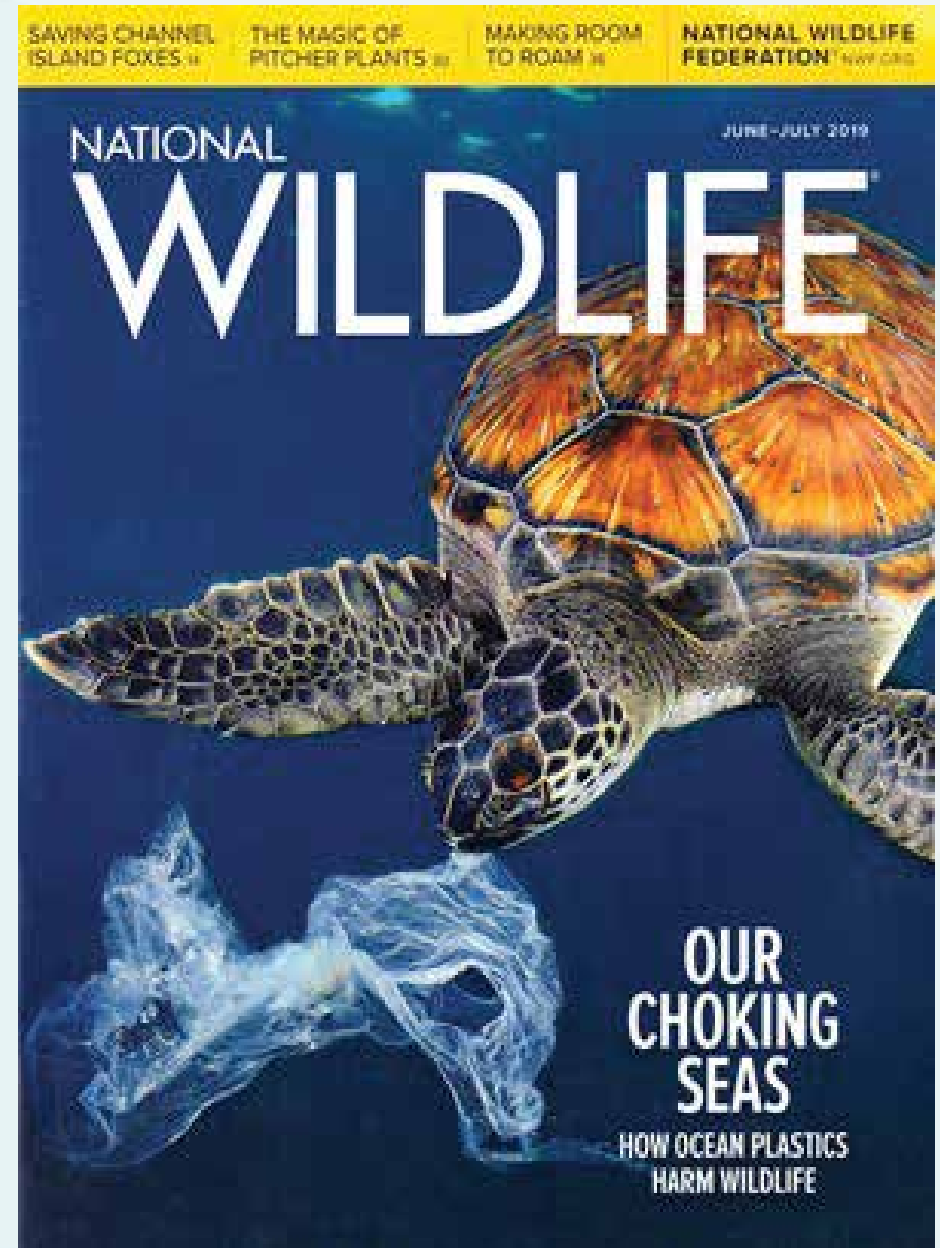
(Success Station #1 – First Things First Cont'd)



(Success Station #1 – First Things First Cont'd)

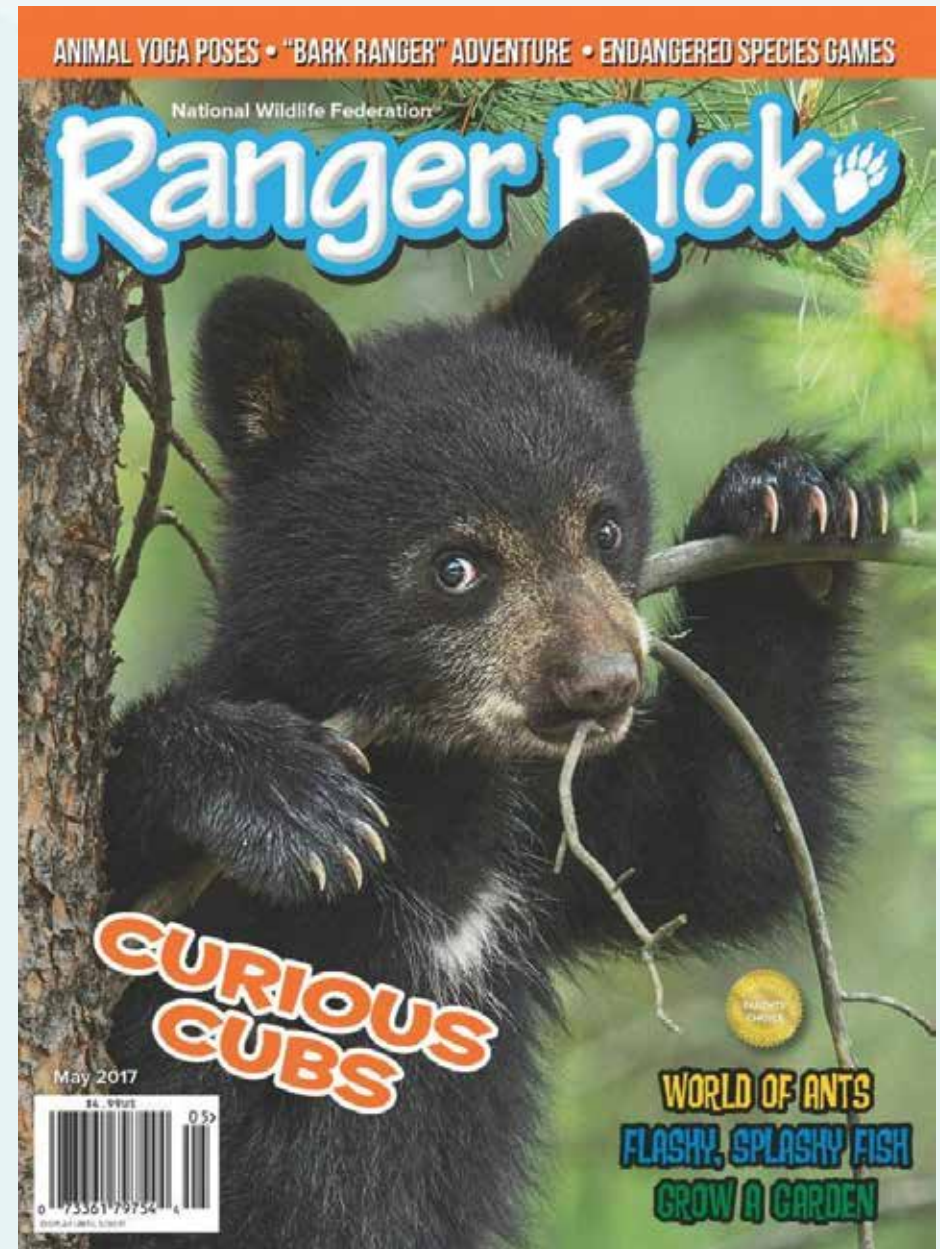


(Success Station #2 – Where Do I Find It?)



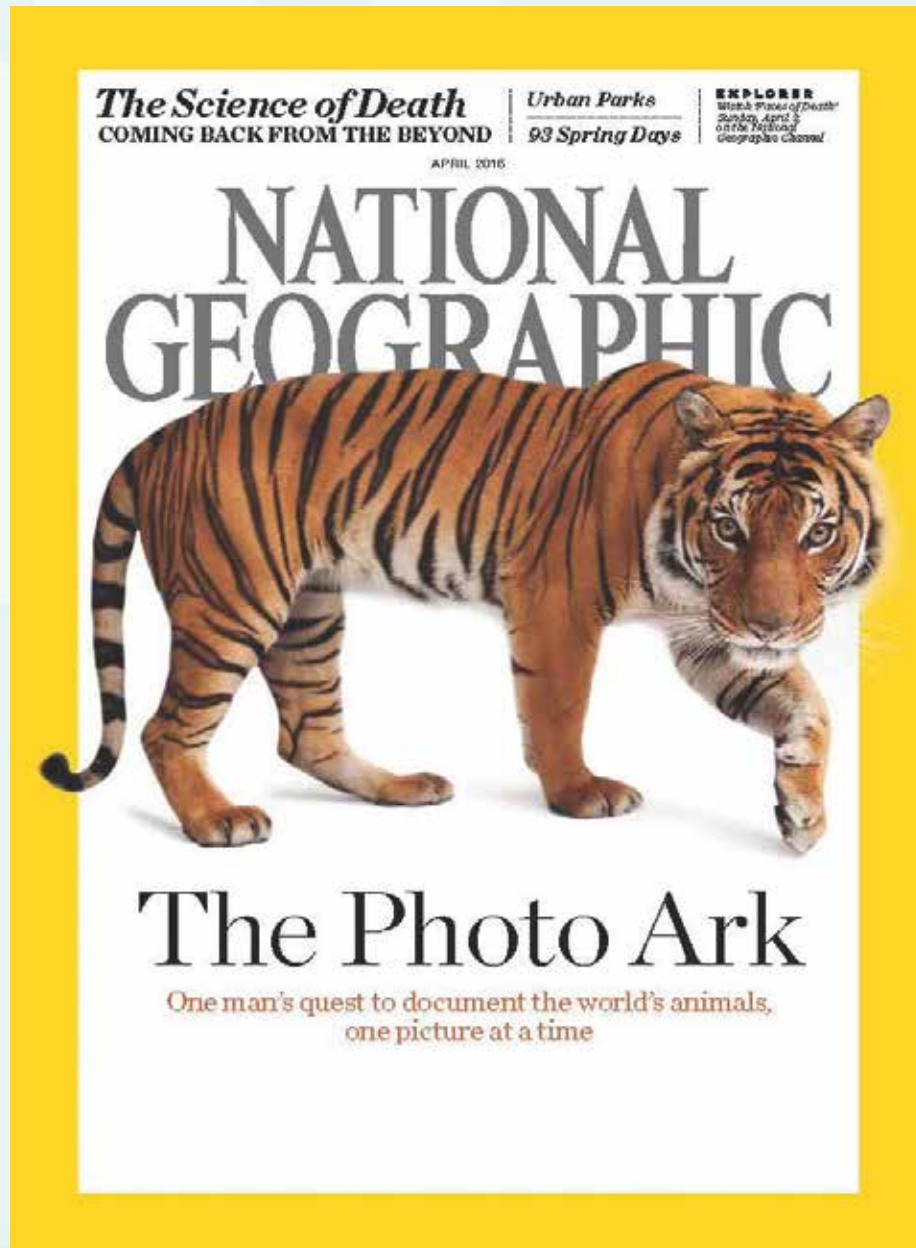


(Success Station #2 – Where Do I Find It? Cont'd)





(Success Station #2 – Where Do I Find It? Cont'd)



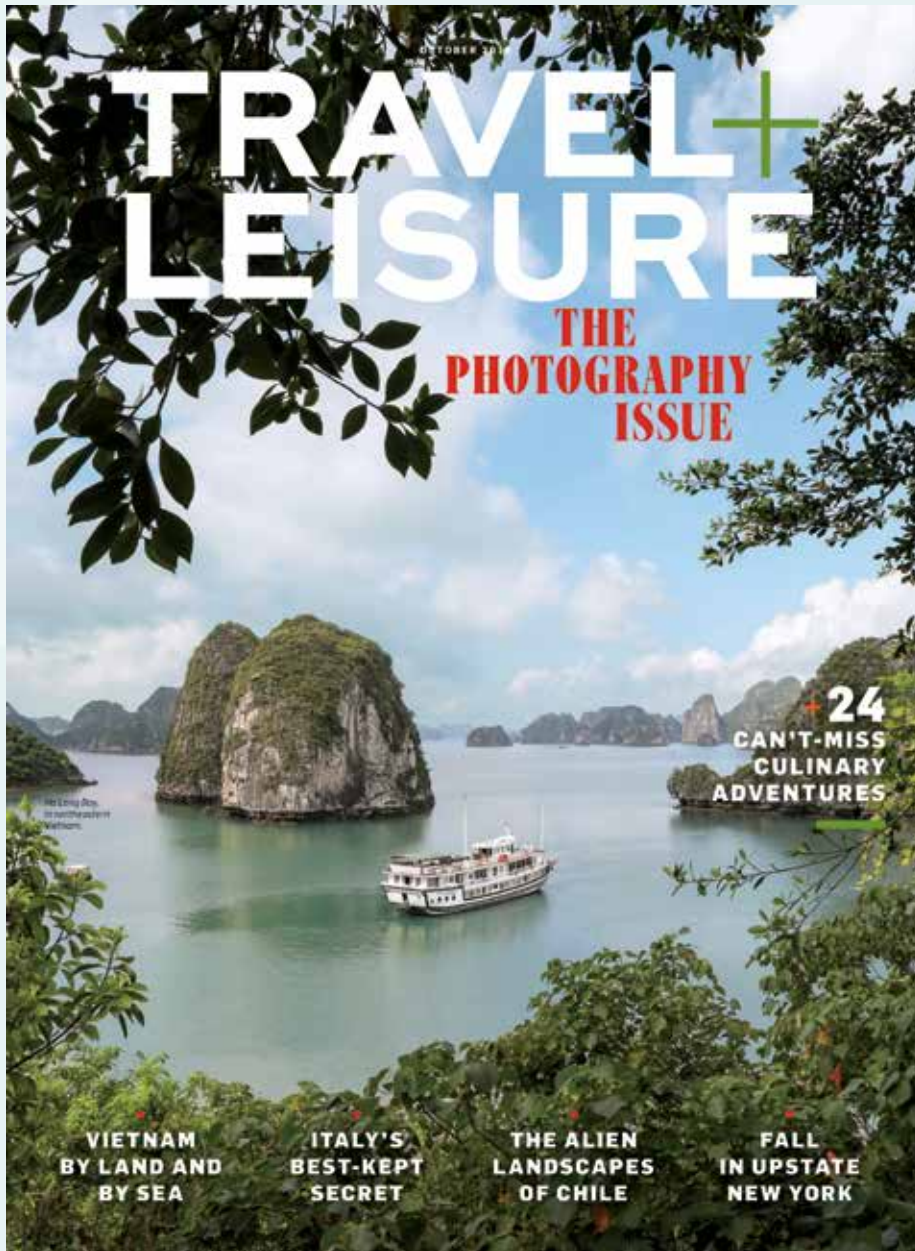


(Success Station #2 – Where Do I Find It? Cont'd)





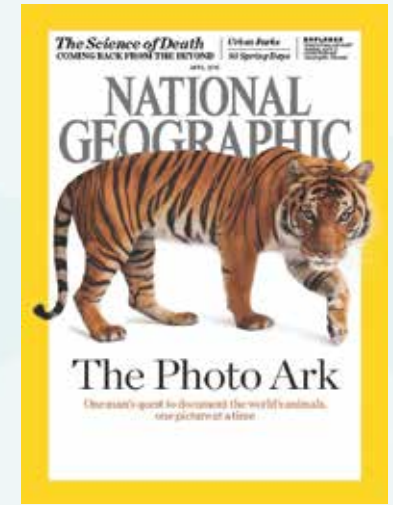
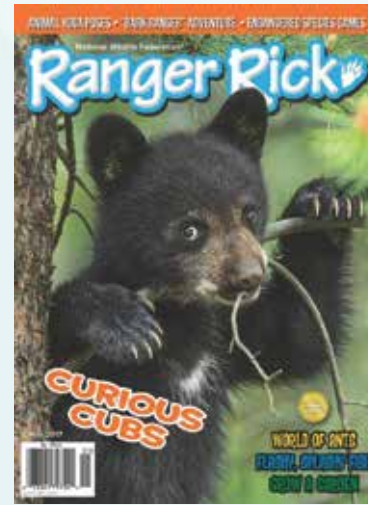
(Success Station #2 – Where Do I Find It? Cont'd)





## (Success Station #2 – Where Do I Find It? Cont'd) ANSWER KEY

These five magazines are more likely to have information about deer in them because they have articles about wildlife and nature.



These five magazines are less likely to have information about deer in them because they generally have articles about other topics.



(Success Station #5 – What's on My Head?)





(Success Station #5 – What's on My Head? Cont'd)



(Success Station #5 – What's on My Head? Cont'd)





(Success Station #5 – What's on My Head? Cont'd)





(Success Station #5 – What's on My Head? Cont'd)



(Success Station #5 – What's on My Head? Cont'd)





(Success Station #5 – What's on My Head? Cont'd)



(Success Station #5 – What's on My Head? Cont'd)





(Success Station #5 – What's on My Head? Cont'd)



(Success Station #5 – What's on My Head? Cont'd)





## (Success Station #5 – What's on My Head? Cont'd) ANSWER KEY

### ANTLERS



White-tailed deer



Mule deer



Caribou or Reindeer



Elk



Moose



## (Success Station #5 – What's on My Head? Cont'd)

### HORNS



Mouflon



Addax



Nubian Ibex



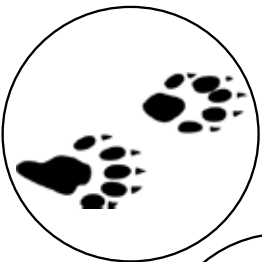
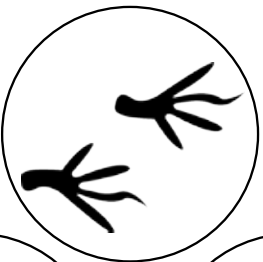
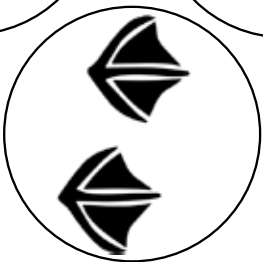
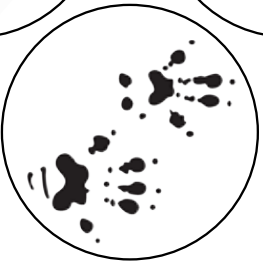
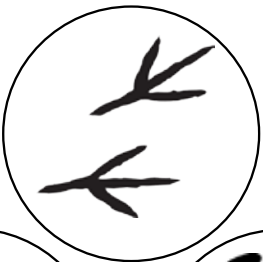
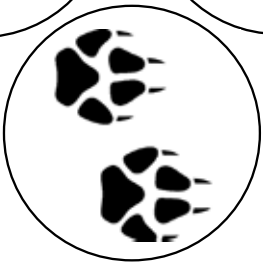
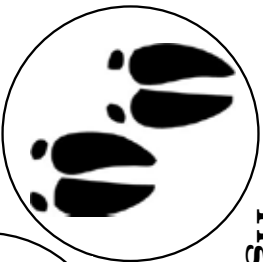
Saiga



Blackbuck

# Woodland Animal Tracks

Match the tracks on the left with the animal name on the right by drawing a line to connect them.



**Bird**

**Chipmunk**

**Deer**

**Duck**

**Fox**

**Mouse**

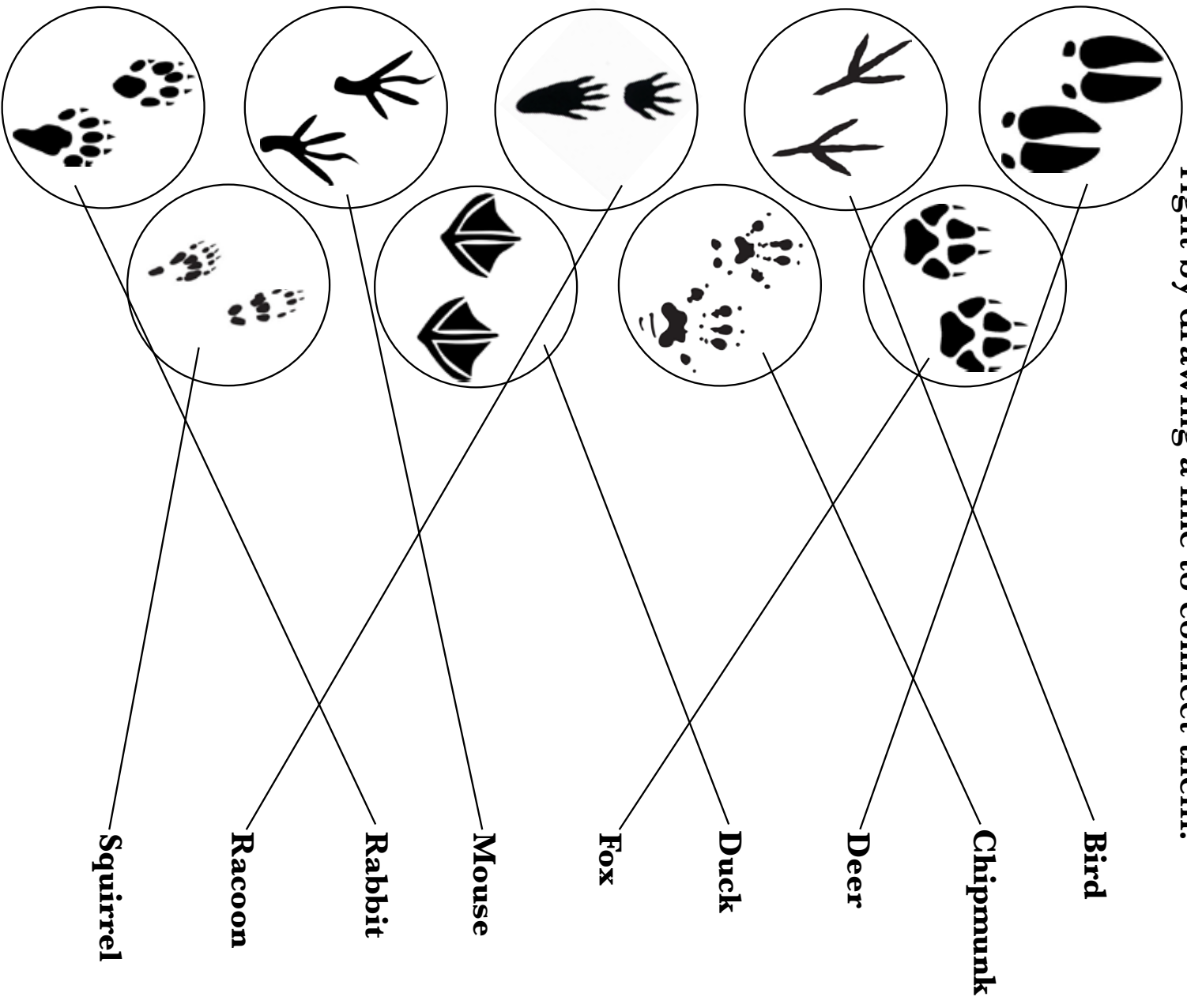
**Rabbit**

**Raccoon**

**Squirrel**

## Woodland Animal Tracks

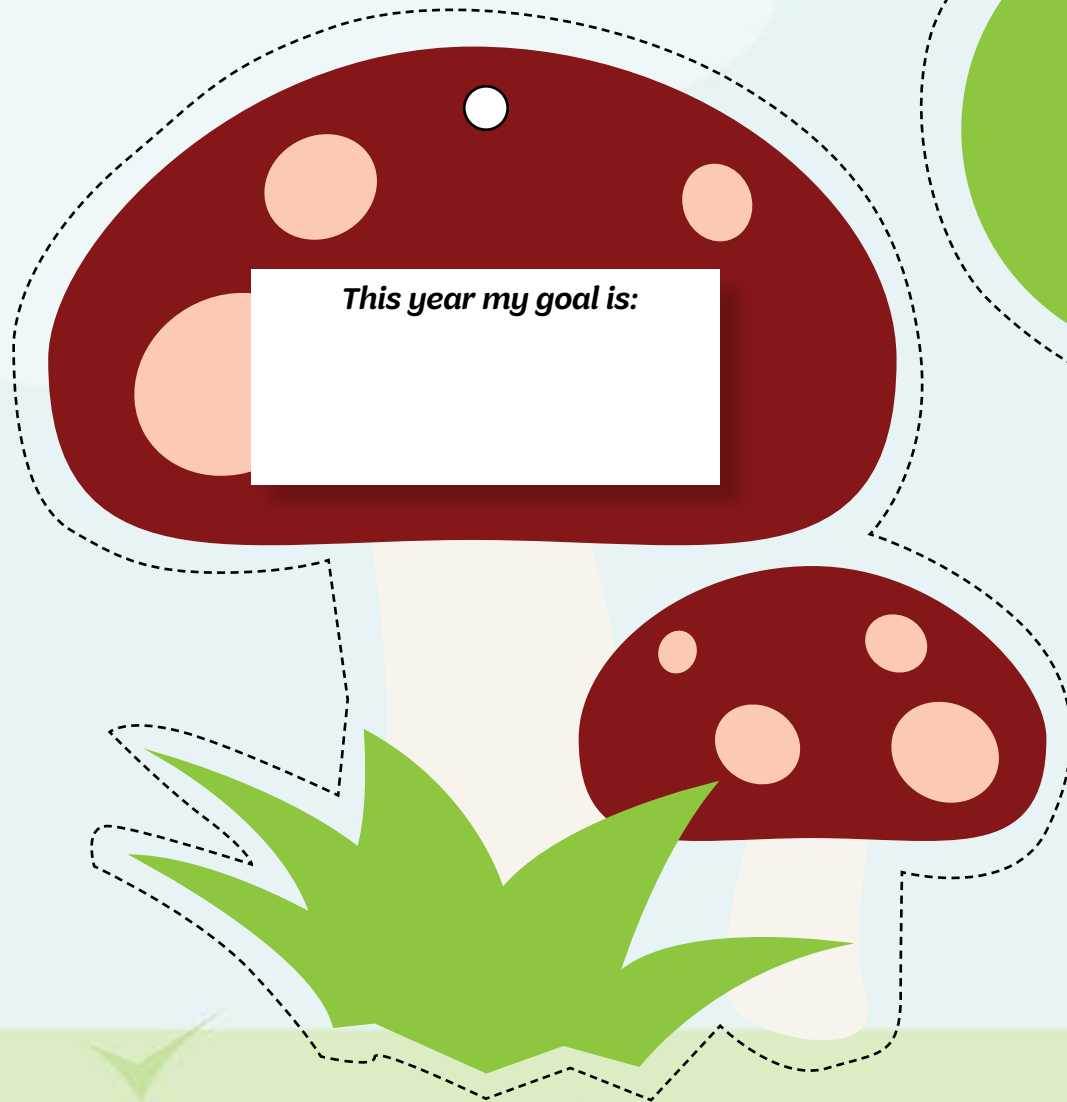
Match the tracks on the left with the animal name on the right by drawing a line to connect them.



(Success Station #7 – Way to Goal)



(Success Station #7 – Way to Goal Cont'd)



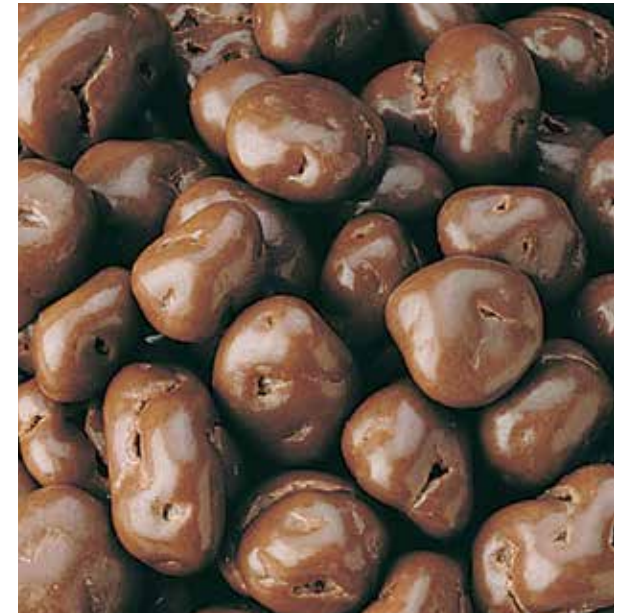
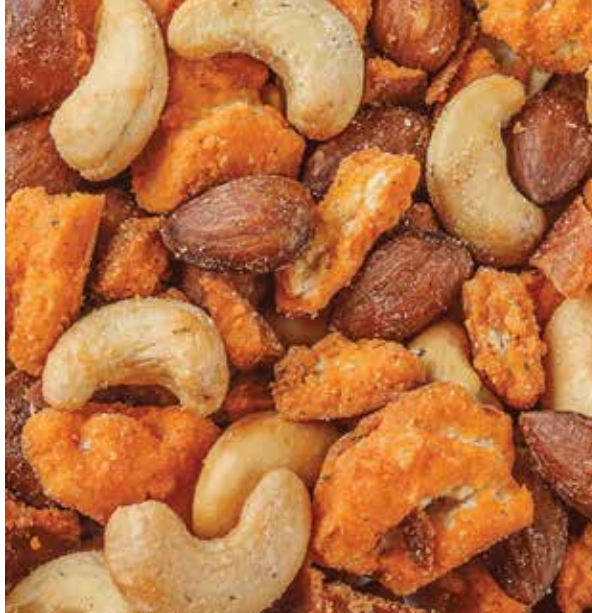


(Success Station #8 – Matching Game)





(Success Station #8 – Matching Game Cont'd)





(Success Station #8 – Matching Game Cont'd)



## (Success Station #8 – Matching Game Cont'd) ANSWER KEY



Almond Butter Cups



BBQ Flavor Snack Mix



Buffalo Ranch Snack Mix



Chocolate Covered Almonds



Chocolate Covered Raisins



Coconut Cashews



Dark Chocolate Covered Pretzels



Dark Chocolate & Peppermint Covered Pretzels



Dill Pickle Peanuts



Deluxe Pecan Clusters



Dark Chocolate Mint Penguins



Deluxe De Leche Owls



Fruit Slices



Mint Treasures - GS Tin



Salsa Snack Mix



Thin Mint Almonds



## (Success Station #8 – Matching Game Cont'd)





## (Success Station #8 – Matching Game Cont'd)



## (Success Station #8 – Matching Game Cont'd)



(Success Station #10 – Leaping Ahead)

