

RESIDENT CAMP INFORMATION PACKET 2018

-Blaze Your Own Trail-

Camp Butternut Springs • Camp Juniper Knoll • Camp Pokanoka

Welcome to the Girl Scouts of Greater Chicago and Northwest Indiana Summer Resident Camp Program.

We are excited that your camper has chosen to spend time with us and we look forward to providing a safe and memorable experience.

Please read this entire packet carefully!

We want you and your daughter to be prepared for what is ahead. Every summer at camp is unique, so even if your camper has been to camp before, we encourage you both to look over the following pages. Be sure to keep this packet handy until your camper returns home from camp so that you have the information that you need.

Cooperative group living, gaining confidence in an outdoor setting and building self-reliance are some of the goals at resident camp. Girls develop leadership, decision-making and goal-setting skills by working together to plan their own program activities outlined by the brochure theme. With guidance from counselors, girls use the democratic process to make decisions as a unit while learning to respect their peers and camp leaders.

Summer Resident Camp Programs follow standards and practices as set forth by the Girl Scouts of the U.S.A. and the American Camp Association. Camp is also subject to all state and local health codes.

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Still have unanswered questions after reading this packet? Please e-mail: camper@girlscoutsgcnwi.org

See you at Camp this summer! - The Outdoor Program Team



BEFORE CAMP:



★ How do I know if my camper is registered & confirmed for camp?

After registering your camper for a program session at www.girlscoutco-op.org you should receive a confirmation e-mail and receipt from camper@girlscoutsgcnwi.org. Haven't located this e-mail? Be sure to check your spam and junk folders.

Once you receive this e-mail please double check that the camp location, program, and session dates are correct. This e-mail will also contain your balance due.



鍋 When do I have to pay my balance?

All fees must be paid by June 1, 2018. The easiest way to do so is to access your account online at www.girlscoutco-op.org and pay the balance via the online registration system. If you wish to pay by check, make the check or money order payable to Girl Scouts GCNWI, include a copy of your statement, and mail it to Resident Camp Registrar, 1551 Spencer Rd., Joliet, IL 60433.



Is financial assistance available?

Limited funds (for up to 35% of camp fees) are available for girl members that are interested in attending camp and meet the requirements for financial assistance as listed on the application form.

An application for financial assistance can completed online at www.girlscoutsgcnwi.org in the forms & documents tab in the upper right corner of the webpage. Financial Aid applications for resident camp open on February 1st, 2018.



What is required resident camp paperwork? - Resident Camp Paperwork due May 1, 2018

Required resident camp paperwork consists of a variety of forms that your camper must have onsite to attend camp and participate in the activities offered. Resident camp paperwork includes the following:

For Parents/Guardians to fill out:

Camper's Health History

Health Examination Form or Physical (see "What health forms do I need to send?")

Special Health Care Services needed at camp (if applicable)

Authorization to Medicate

Standard Care Policy Agreement

Camper Release

Camper Profile

For Both Parent/Guardian and Camper to sign:

Code of Conduct

For Camper to fill out:

All About Me



How do I fill out my camper's required camp paperwork? - Resident Camp Paperwork due May 1, 2018

This year we have transitioned into an online paperwork system, called Formsite, for all campers.

Click here to fill out your campers' resident camp paperwork. We strongly recommend creating an account for your camper's paperwork. (This can be the same account login and password as your resident camp registration site.) This allows you to return to finish your campers' paperwork and to view your completed results and add a health examination/physical to your account.

Tips for successful paperwork completion: We recommend having the following resources with you:

- Health Examination/Physical (School or sports are acceptable)
- Doctor/dentist contact information
- Immunization records with dates
- Dietary restrictions and/or allergy information



This formsite paperwork link can also be found in your resident camp registration confirmation e-mail (from camper@girlscoutsgcnwi.org. Haven't located this e-mail? Be sure to check your spam and junk folders) or on the council website at: https://www.girlscoutsgcnwi.org/en/camp/summer-camp.html.



What health forms do I need to send?

Girl Scouts of the U.S.A. standards require each camper have a health examination/physical within 24 months of her arrival date at camp. The health form must be signed by a physician and include the date of the physical. Copies of school/sports physicals are accepted as long as they have been completed within 24 months.

Health examination/physical forms can be uploaded to your camper's resident camp paperwork at the link above or e-mailed to camper@girlscoutsgcnwi.org. (Be sure to include the campers' name, camp, & program in the subject line of the e-mail)

No camper will be allowed to stay at camp without a signed and completed health physical form, no exceptions. We are not able to return health forms after camp. We suggest that you photocopy the health form to keep in your records to use for school and sports.



What is the "Authorization to Medicate" form?

If your camper is taking any prescription medication or supplements, fill out the portion of the online resident camp paperwork that asks for that information. All medication must come to camp in its original container with the original label.

All campers must complete the section regarding over-the-counter medication. Our health staff keeps a supply of common over-the-counter medication, as authorized by a physician, to treat simple complaints such as bug bites, headache, mild upset stomachs, menstrual cramps, etc. You do not need to send any medications for these problems. For more complex or serious complaints the health staff will consult with the doctor and you. Parent signature is required on the over-the-counter medication section. If you do not want us to give over-the-counter medication indicate that on the form.



Why does my camper have to be a registered Girl Scout? / What is Girl Scout Insurance?

Though campers do not have to actively participate in Girl Scouting year round. Every camper attending a Girl Scout Greater Chicago and Northwest Indiana camp must be or become a registered Girl Scout.

Every registered Girl Scout and registered adult member in the Girl Scout movement is automatically covered under the basic insurance plan upon registration. The entire premium cost for this protection is borne by Girl Scouts of the USA. The basic plan is effective during the regular fiscal year (October to the following October). Up to 14 months of insurance coverage is provided for new members who register in the month of August.

This insurance provides up to a specified maximum for medical expenses incurred as a result of an accident while a member is participating in an approved, supervised Girl Scout activity, after the individual's primary insurance pays out. This is one reason that all adults and girls should be registered members. Non-registered parents, tagalongs (brothers, sisters, friends), and other persons are not covered by basic coverage.

This insurance coverage is not intended to diminish the need for, or replace family health insurance. When \$130 in benefits has been paid for covered accident, medical, or dental expense, any subsequent benefits will be payable only for expenses incurred that aren't compensable under another insurance policy. If there is no family insurance or healthcare program, a specified maximum of medical benefits is available.





Can I visit camp ahead of time?

Be sure to check out our camps before the summer at the open houses! Take a tour, meet the camp director, and have an opportunity to have all your questions answered. All open houses are free to attend, registration is recommended. Register at http://gcnwiprograms.org

Camp Butternut Springs, Valparaiso, IN:

Sunday, March 11; 2-4 p.m. (Registration code: 587688) Sunday, April 22; 1-4 p.m. (Registration code: 587698)

Camp Juniper Knoll, East Troy, WI:

Sunday, March 18; 2-4 p.m. (Registration code: 587728) Sunday, May 6; 1-4 p.m. (Registration code: 587738)

Camp Pokanoka, Ottawa, IL:

Sunday, March 4; 2-4 p.m. (Registration code: 587768) Sunday, April 29; 1-4 p.m. (Registration code: 587778)

GETTING READY FOR CAMP:



Mod What does my camper need to bring to camp?

Please limit your camper to two pieces of baggage; a sleeping bag with pillow; and duffel bag or suitcase. We also recommend a small backpack (book bag or tote bag) to carry smaller items.

Encourage your daughter to be a part of the packing process so that they can find and identify their personal items brought to camp. There are no laundry facilities available to campers. Please be sure she has enough clean clothes, towels, and washcloths to last the length of her stay. It is a good idea to include a laundry bag for dirty clothes.

GSGCNWI is not responsible for camper's personal possessions; make sure to label all clothing and gear. A packing list is included on page 8 of this packet.

Mow can I communicate with my camper?

Two options exist for consistent, regular communication with your daughter while she is at camp. CAMPERS LOVE MAIL!

- 1. Write cheerful letters. Please label letters with your camper's name, her program, and session.
 - Daily US Postal Service is available at all camps (pre-mailing letters before your campers' arrival is recommended for timely delivery to your camper).
 - Many families choose to write letters and drop them off at camp on check-in day indicating a specific delivery day to their camper.

Camper Name Camper Name Camper Name Camp Butternut Springs Camp Juniper Knoll Camp Pokanoka Program, Session Program, Session Program, Session 650 N 175 W W 5091 State Road 20 1879 N 2703rd Rd Valparaiso, IN 46385 East Troy, WI 53120 Ottawa, IL 61350

Packages at camp are welcome but please do not send food or gum. All food brought to camp will be collected by the camp staff and returned at the end of the session. Food in the living areas attracts unwelcome animals & bugs.



- 2. Cell Phones & Cell Phone Policy. Campers are allowed to check-in a cell phone to use at camp.
 - Campers who choose to bring a phone to camp will have the opportunity to call home on Wednesday afternoon between lunch and dinner. Times vary depending on camp location and program, if you are concerned about missing your camper's call please communicate with the camp director for the specific time.
 - It is a campers' choice whether or not to call.
 - Girls attending sampler sessions (2 nights) will not have cell phone time.
 - Phones will be left in the off position and stored in the camp office.
 - Please note that GSGCNWI is not responsible for damage to phones. Phone service for different providers cannot be guaranteed, nor can service availability be verified for each site. Electricity for phone chargers is not available. Campers with phones cannot share with other campers.
 - The camp phone is for emergency and business use only. If the camper's phone does not work at camp, or she does not bring a phone, she will not have access to the camp phone.
 - Based on our experiences, many campers who are having a great time become homesick while speaking
 to someone at home. It is natural to miss home. We ask for your support in encouraging your daughter to
 stay and have fun at camp. We also ask parents to assist us in honoring our values and procedures by
 not giving your daughter a cell phone and asking her to hide it. Trust us to contact you if your daughter
 is having a difficult time adjusting to camp life.

You are welcome to call or e-mail the camp director at any time with any questions or check-ins about your camper and her camp experience.

Location:Camp Butternut SpringsCamp Juniper KnollCamp PokanokaCamp Director:Sam LucheckMargaret GawlikVanessa MatraversCamp Phone #:(219) 462-5736(262) 642-5455(312) 720-8059E-mail:slucheck@girlscoutsgcnwi.orgmgawlik@girlscoutsgcnwi.orgvmatravers@girlscoutsgcnwi.org

Is there a trading post at camp?

The camp operates a small store where campers can purchase small items such as postcards, jewelry, pens, stuffed animals, and camp gear. Parents will have an opportunity to visit the camp store on check- in day. Campers visit the trading post at least once during their session. There are no snacks or soda for sale. Money can be left for your camper upon check-in. Remaining money not spent will be returned during check-out.

How much money should I give my daughter? Items in the trading post range from less than \$1 up to \$40, with most items costing less than \$10. Parents typically leave their daughters with \$5-20 dollars for a week at camp.

HEALTH AND WELLNESS AT CAMP:

What happens at the check-in Health Screening?

Upon arriving and checking it at camp, girls will take part of a brief health check that allows camp staff to ensure that your daughter is healthy to attend camp.

During this check, staff will be taking temperatures and looking at overall well-being, campers will be asked to remove their shoes and socks to check for any feet injuries or warts, and hair will be checked for lice or nits.

If lice/nits are found: parents/guardians will be responsible for taking their camper home to be treated before the possibility of returning to camp. Though often a hassle, lice happen; talk with the camp director to determine return options for your camper. For more information about head lice check out: http://kidshealth.org/en/parents/head-lice.html



-O-What does the health center at camp do?

The camp health center staff is at camp to take care of your camper. Our health center is equipped to handle common camper illnesses and minor injuries. If a camper gets hurt or shows signs of illness she will be taken to the health center for evaluation by the health supervisor.

Though we will not call home for every scrape or stomach ache, we will notify parents by phone in the following situations:

- -Any illness or injury requiring the camper to spend the night in the health center
- -Allergic reactions
- -Any illness or injury that interferes with camper's participation in her program
- -Any illness or injury requiring outside medical attention

(Arrangements can be made to take your daughter to a family doctor or to see one in the area)

What if my camper gets homesick?

It is not uncommon for campers to experience some homesickness while away at camp. Homesickness typically disappears within the first two days at camp as girls adjust to the new people and routine. The staff is trained to work through this with your camper. When sending mail, avoid phrases such as "the dog refuses to eat since you left" - keep things as upbeat as possible!

We encourage parents to reassure their campers that they will be successful throughout their camp session and that they look forward to seeing them on closing day. If your camper continues to have problems adjusting, the camp director will contact you. Girls who leave early are not eligible for a refund of the camp fee.

The first night is always the most difficult. Many times letters written home at this point are not full of the fun things they are doing at camp. Please consider the amount of time that this first letter has taken to reach you, your daughter will likely have already adjusted to camp life when you receive such a letter in the mail. The camp director is available if you have any questions about letters you receive from your daughter; we will be able to update you on your camper's experience.

What will my camper be eating?

Ample, well-balanced meals are served in the dining hall. This includes daily snacks and dessert. Special dietary needs must be noted on the health form. Please do not send food with your camper. All food brought to camp will be collected by the camp staff and returned at the end of the session. Food in the living quarters attracts unwelcome animals & bugs.

How is weather handled at camp?

At resident camp, girls adapt easily to the climate. We live without air conditioning or fans and focus on staying hydrated. Taking an hour of rest after lunch is part of the program. Cotton clothing helps campers keep cool as does carrying a water bottle to make sure water is on hand. Schedules remain flexible to adapt to weather changes so that girls are participating in fun and challenging activities, rain or shine.

During severe weather, we monitor the weather with the aid of a weather radio that uses alerts from the National Weather Service. Procedures are in place for the safety of campers and staff. Please do not call the camp regarding weather updates. Staff will be busy attending to the safety of the campers and the phone line must remain open. You will be notified of any emergencies involving your camper.

Can my camper bring a buddy and be in the same tent or cabin?

All campers are assigned to tents or cabins (site specific) before their arrival at camp. If girls are signed up for the same camp program they will likely be bunking near each other.

Every attempt is made to honor a camper's request to be with a friend if both girls request each other on the application and both girls are in the same program during the same session. Please note that only two girls matched as buddies can be accommodated. Camp is all about meeting new friends from all over our council. Programs will take place to assist girls in meeting and getting to know the girls and staff at camp.



(1) Who are your camp staff?

Our staff groups are composed of carefully selected and screened adults, including international staff, who display a commitment to working with children and a love for the outdoors. Background checks are completed for all staff members. All staff members complete pre-camp training that includes first aid, CPR, child development, Girl Scout programming, and much more.

Why do camp staff have "nicknames"?

During staff training, each camp staff member may choose a "camp name." Camp names are nicknames used at Girl Scout camp for several reasons. A camp counselor is a unique position between big sister and authority figure; the camp name allows staff to create a memorable relationship with your daughter distinguished from that of her teacher, other authority figure, or even yourself. It also keeps us from having two "Karens" or five "Amandas" on camp at one time. And lastly, camp names add to the "magic" of Girl Scout camp tradition that has been passed down for generations.

PROGRAM AT CAMP:



What activities will my camper do at camp?

Our camp program is balanced with traditional camp activities, theme-based activities, and specific areas of skill building. Girls of the same age are grouped together in "units" and participate in small group activities in addition to multiple all-camp programs which provide opportunities for all girls at camp during a session to get together and have some fun. When a camper signs up for a particular program, plans are made to include those activities as well as camp activities that the girls vote on and plan to participate in throughout the week as a group.

During their time at camp, your daughter may participate in a range of activities that can be applied toward badges and Journeys; they will be provided with a list of these completed steps so that she can work towards earning the remaining components to earn the award.

-O- How does swimming work?

Campers will have the opportunity to participate in free swim each day while at resident camp. Lifeguards and trained watchers are on duty at our lakes and pools during any water activities.

All campers will take a 'swim check' within 24 hours (weather permitting) of arriving at camp, to demonstrate their swimming abilities and comfort level in the water. Campers are then assigned a color cap which designates their swim area. Campers must wear their cap every swim session and can only swim in the areas of the water that match their skill level; this allows the aquatics staff to better manage and ensure safety for all campers in the water.

What are "kapers"?

Each staff member will model and teach campers the proper way to care for their environment and their camp surroundings through tasks called Kapers. Kapers at camp are done as a group and are composed of unit and all-camp tasks. Kapers are a Girl Scout tradition that helps build responsibility and team work skills. During Kapers staff assists girls in clean-up ensuring that health and safety procedures are of the upmost importance when completing tasks.

Unit Kapers include tidying up sleeping areas, cleaning bathrooms, gathering firewood, picking up litter, cooking at cook-outs, and fire building.

All-camp Kapers are rotated throughout all groups during the week and include flag ceremonies, tidying the shower house, and hopping (setting tables and helping serve food/clean-up after meals).



CAMPER PACKING LIST

Be sure to label everything with you campers' name

Required Items

- o Warm sleeping bag or bedroll
- o Small bag or backpack to carry things around camp
- T-shirts, shirts or tops: one for each day plus extra.
 T-shirts are recommended. Tank tops can be worn if they have at least 1 inch straps. (While tank tops are cooler, more skin is exposed to the sun and to insects.) No halters or midriffs.
- o Shorts: one per day plus extra
- o Jeans, pants or sweatpants: 1-2 pairs
- o Socks, underwear: one per day, plus extra
- o Sturdy shoes, gym shoes, or hiking boots: two pairs (No sandals, other types of open-toe shoes, or Crocs)
- o Rain suit, rain coat or poncho
- o Sweater, sweatshirt and/or jacket (use your judgment)
- o Mess kit (unbreakable plate, cup, bowl), utensils, dunk bag
- o Pajamas: two pair (lightweight and warm)
- o Bandana, bucket hat, or baseball hat
- o 2-3 towels; washcloths
- o Swim suit (may bring pool shoes)
- o Flashlight with extra batteries
- o Water bottle or canteen

Personal Items

- o Comb or brush
- o Hair accessories
- Toothbrush and toothpaste
- o Soap (in plastic container)
- o Shampoo
- o Personal sanitary supplies
- o Sunscreen, at least SPF 15
- o Bug Spray
- o Bag to carry toiletries

Optional Items

- o Pillow
- o Laundry Bag
- o Inexpensive camera
- o Stationery, envelopes, and stamps
- o Sunglasses
- o Book to read

Packing Tips:

- Please limit your camper to two pieces of baggage; a sleeping bag with pillow; and duffel bag or suitcase.
 We also recommend a small backpack (book bag or tote bag) to carry smaller items.
- There are no laundry facilities; be sure to pack enough clothes to last the entire program.
- Camp life involves a lot of good, clean dirt, so do not send new clothes
- Clothes that are camp appropriate (girls spend time in open fields, wooded areas and hiking)
- For safety reasons, only stud earrings will be allowed at camp.
- Have your daughter help you pack her bag and roll her sleeping bag. She will be responsible for packing her bag at the end of the week
- Tuck the equipment list into your camper's suitcase to help her pack for home

Please do not bring:

- ➤ Electrical appliances to include, but not limited to hair dryers, curling irons, personal music devices, computers, gaming device, etc
- X Glass bottles or containers
- X Short shorts
- X Snack food (candy or gum)
- X Aerosol sprays
- X Hidden cell phones

Special Program Equipment/Gear:

All Girls should bring one outfit of "Old Grubbies" for possible mud stomps or creek walks.

NOTE: Programs in the following categories may require additional gear/supplies/waivers: Bicycle, Horseback, Canoe, Kayak, Backpacking. Supply lists will be sent directly to camper families thru e-mail about 2 weeks before the program session begins.



CHECK-IN/CHECK-OUT PROCEDURES

What do we do when we arrive at camp?

Please respect the arrival times. We cannot allow campers into camp before the scheduled check-in hour. Parents will be allowed to visit their campers unit and meet the staff on arrival days.

Upon arrival you will be met by a staff member with instructions on where to unload luggage and park. You will receive instructions on where you should check-in with your camper.



How can we prepare for check-in?

Bring with you:

- -Your daughter's luggage
- -Copies of all paperwork (for your reference or for "just in case")
- -Smiling faces and closed toed shoes

Keep outside of luggage:

- -Any medications (prescription or otherwise, in original & labeled containers)
- -Medical Administration form for medication

Optional:

- -Camper Mail for us to deliver during your daughter's stay at camp
- -Camper Cell Phone
- -Funds for Trading Post

When can we check-in at camp?

Camp Butternut Springs, Camp Juniper Knoll, and Camp Pokanoka check in times are the same.

Check-In is between: 1:30 p.m.-3:00 p.m.

(This includes Sunday check-in & Wednesday check-in for Half Week Programs)

If you will be arriving late, please contact the camp director with anticipated arrival time.

When is check-out at camp?

Camp Butternut Springs, Camp Juniper Knoll, and Camp Pokanoka check out times are the same.

Check-Out is at: 7:00 p.m. (Closing Ceremony: Girls sing a song for attending family members) 7:30-7:45 p.m. (Dismissal & Sign Out)

(This includes Friday check-out & Tuesday check-out for Half Week Programs)

If you will be arriving late, please contact the camp director with anticipated arrival time.

த்த How do I pick up my camper(s)?

On the departure day, campers must be signed out. We will release the camper only to the person designated on the Camper Release Form. Please have photo ID ready when coming to the check out your camper.

Medications will be picked up from the Health Supervisor at a table in the area where the closing ceremony is held. Girls will receive any remaining trading post money, badge cards or patches at the end of the ceremony.

Luggage will be in the approximate area where it was dropped off, sorted by unit. You are welcome to load luggage at any time. Before leaving camp talk to your daughter about how many bags/luggage she is going home with. Many times, dirty laundry is in a black plastic bag and is overlooked. Lost and Found is returned to our Gathering Places, please contact camper@girlscoutsgcnwi.org for arrangements to have items delivered to your closest Gathering Place.



Can I bring our pets?

For the health and safety of our staff and campers, there are no pets allowed on the property. Please leave your pets at home, even for check-in and check-out.



DIRECTIONS TO CAMP

GPS systems are often unreliable; please make sure that the directions you are following are going to the right location.

Camp Butternut Springs

650 N County Road 175 W Valparaiso, Indiana 46385

Camp Office #: (219) 462-5736

From eastbound I-94

Take exit 19 and turn right at the light at the top of the ramp, heading south.

You are now on Crisman Road. Crisman Road will wind and become Willowcreek Road.

Continue south on Willowcreek Road until it dead ends, approximately 3.5 miles.

Turn left onto County Road 700 N.

Travel east on 700 N for approximately 4 miles to 175 W.

Turn right on 175 W.

Travel one half of a mile and the entrance to Butternut Springs will be on the right.

From US 30

Turn north on County Road 250 W, at a traffic light, approximately three miles west of Valparaiso or 10 miles east of Merrillville.

Continue north on 250 W, approximately four miles, until it dead ends at 550 N.

Turn right onto 550 N.

Turn left at the first stop sign onto 175 W.

Travel one mile north and Butternut Springs will be on the left.

From State Road 49

Exit SR 49 onto US 6, westbound towards Portage.

Turn left onto SR 149, heading south.

Turn left at the first traffic light onto 700 N.

Travel approximately 1.25 miles and turn right onto 175 W. Travel one half of a mile and the entrance to Butternut Springs will be on the right.

Camp Pokanoka

1879 N 2703rd Rd Ottawa, IL 61350

Camp Office #: (312) 720-8059

From all points north and east of Joliet.

Travel to I-80 and head west.

From I-80, west of Joliet, take exit 90 onto State Road 23. At the end of the ramp, turn left, heading southbound towards Ottawa.

Travel approximately 3.5 miles, through Ottawa, and cross the Illinois River.

Approximately 0.75 miles past the Illinois River, turn left onto Gentleman Rd.

Camp Pokanoka will be ahead, on the left, approximately 1.75 miles down the road.

Camp Juniper Knoll

W 5091 State Road 20 East Troy, WI 53120

Camp Office #: (262) 642-5455

From the Chicago area, take I-94 into Wisconsin. Via Elkhorn:

Take exit 344 and turn left at the bottom of the ramp, westbound on State Road 50, towards Lake Geneva. Travel approximately 24 miles and turn right onto US

Shortly after crossing I-43, US 12 will merge with State Road 67: veer right, heading north.

Travel approximately 10 miles to the intersection of State Road 20; turn right.

Drive one half of a mile to the entrance of Juniper Knoll on the right side of the road.

If you get to the intersection of SR 20 and Hwy J, you have gone too far.

Via East Troy:

Take exit 333 and turn left at the end of the ramp, heading westbound on State Road 20, towards Waterford.

Travel approximately 32 miles to the intersection of State Road 20 and Hwy J. Along this route you will pass through Waterford. Be sure to follow the signs as the road makes some turns - you want to stay on State Road 20.

Turn left at the corner of 20 and J.

Travel approximately one mile and Juniper Knoll is on

If you get to the intersection of SR 20 and US 12/SR 67, you have gone too far.

From Joliet/western suburbs:

Take I-355 north.

Merge onto I-290 northbound.

Continue on State Road 53 northbound.

Take the exit toward Lake Cook Rd.

Merge onto Lake Cook Rd.

Turn right onto US 12/N. Rand Rd.

Travel approximately 31 miles to the Wisconsin state line. Continue on US 12 into Wisconsin, traveling approximately 18 miles.

Shortly after crossing I-43, US 12 will merge with State Road 67; veer right, heading north.

Travel approximately 10 miles to the intersection of State Road 20; turn right.

Drive one half of a mile to the entrance of Juniper Knoll on the right side of the road.

If you get to the intersection of SR 20 and Hwy J, you have gone too far.